

Report to the Congress

March 2020

DRUG MISUSE

Sustained National Efforts Are Necessary for Prevention, Response, and Recovery



Highlights of GAO-20-474, a report to the Congress

Why GAO Did This Study

Drug misuse—the use of illicit drugs and the misuse of prescription drugshas been a persistent and longstanding public health issue in the United States. Ongoing drug control efforts seek to address drug misuse through education and prevention, addiction treatment, and law enforcement and drug interdiction, as well as programs that serve populations affected by drug misuse. These efforts involve federal, state, local, and tribal governments as well as community groups and the private sector. In recent years, the federal government has spent billions of dollars and has enlisted more than a dozen agencies to address drug misuse and its effects.

This report provides information on (1) trends in drug misuse (2) costs and other effects of drug misuse on society and the economy, and (3) challenges the nation faces in addressing the drug crisis.

GAO analyzed nationally representative federal data on drug misuse and deaths from overdoses for 2002–2018 (the most recent available); reviewed selected empirical studies published from 2014–2019; and compared GAO's High-Risk list criteria to findings and recommendations in over 75 GAO reports issued from fiscal year 2015 through March 2020.

What GAO Recommends

Since fiscal year 2015, GAO has made over 80 recommendations to multiple agencies responsible for addressing the drug crisis; over 60 of these recommendations have yet to be implemented.

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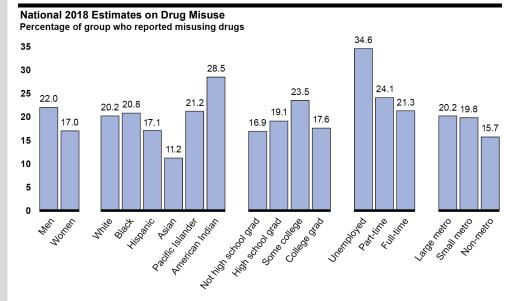
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DRUG MISUSE

Sustained National Efforts Are Necessary for Prevention, Response, and Recovery

What GAO Found

Nationally, since 2002, rates of drug misuse have increased, according to GAO's analysis of federal data. In 2018, the Substance Abuse and Mental Health Services Administration reported that an estimated 19 percent of the U.S. population (over 53 million people) misused or abused drugs, an increase from an estimated 14.7 percent in 2003. People across a broad range of demographic groups—including sex, race or ethnicity, education levels, employment status, and geographic categories—reported misusing drugs (see figure below).

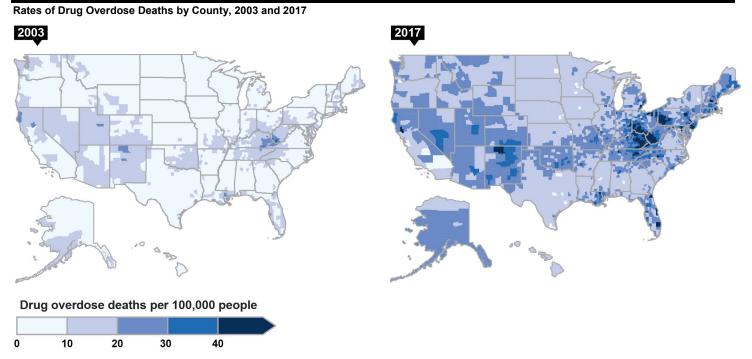


Source: GAO analysis of National Survey on Drug Use and Health data. \mid GAO-20-474

Note: Large and small metro counties are in metropolitan statistical areas and have a population of 1 million or more and fewer than 1 million, respectively. Metropolitan statistical areas have at least one urbanized area, and include adjacent counties with a high degree of social and economic integration with the urbanized area. All other counties are non-metro counties.

The rates of drug overdose deaths have also generally increased nationally since the early 2000s. Over 716,000 people have died of a drug overdose since 2002, and in 2018 alone, over 67,000 people died as a result of a drug overdose, according to the Centers for Disease Control and Prevention. Although the number of drug overdose deaths in 2018 decreased compared to 2017, drug misuse in the United States continued to rise.

Rates of drug overdose deaths varied in counties across the nation in 2003 and 2017, the most recent year that county-level data were available (see figure below). In 2017, 43.2 percent of counties had estimates of more than 20 drug overdose deaths per 100,000 people, including 448 counties with rates that were significantly higher than this amount.



Source: GAO analysis of Centers for Disease Control and Prevention (CDC) National Center for Health Statistics data. | GAO-20-474

Note: CDC's National Center for Health Statistics used a statistical model to estimate rates of drug overdose deaths to account for counties where data were sparse because of small population size.

GAO work and other government and academic studies have found that the negative health and societal effects of drug misuse are widespread and costly—for example, the increased need for health care, human services, and special education; increased crime, childhood trauma, reduced workforce productivity; and loss of life.

The federal government is making progress in some areas, but a strategic, coordinated, and effective national response—with key sustained leadership from federal agencies—is needed. This report identifies opportunities to strengthen the federal government's efforts to address this persistent and increasing problem. These opportunities include addressing challenges in providing sustained leadership and strengthened coordination; the necessary capacity to address the crisis; and systems to measure, evaluate, and demonstrate progress. For example:

- the Office of National Drug Control Policy should ensure future iterations of the National Drug Control Strategy
 include all statutorily required elements. Examples of statutorily required elements include a 5-year projection for
 the National Drug Control Program and budget priorities; a description of how each of the Strategy's long-range
 goals will be achieved, including estimates of needed federal resources; and performance evaluation plans for
 these goals, among other requirements;
- the Office of National Drug Control Policy should ensure effective, sustained implementation of the 2020 Strategy and future strategies;
- the Department of Health and Human Services should provide guidance to states for the safe care for infants born with prenatal drug exposure, who may be at risk for child abuse and neglect;
- the Drug Enforcement Administration should take steps to better analyze and use drug transaction data to prevent diversion of prescription opioids to be sold illegally; and
- the State Department should develop and implement a data management system for all Caribbean Basin Security Initiative activities to reduce illicit drug trafficking or track data trends across countries.

In GAO's March 2019 High-Risk report, GAO named drug misuse as an emerging issue requiring close attention. Based on 25 GAO products issued since that time and this update, GAO has determined that this issue is high risk. Moreover, the severe public health and economic effects of the Coronavirus Disease 2019 (COVID-19) pandemic could fuel some of the contributing factors of drug misuse, such as unemployment—highlighting the need to sustain and build upon ongoing efforts. However, maintaining sustained attention on preventing, responding to, and recovering from drug misuse will be challenging in the coming months, as many of the federal agencies responsible for addressing drug misuse are focused on addressing the pandemic. Therefore, GAO will include this issue in the 2021 High-Risk Series update and make the high-risk designation effective at that time.

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Abbreviations

CBP	U.S.	Customs	and I	Border	Protection
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CDC Centers for Disease Control and Prevention

COVID-19 Coronavirus Disease 2019

DEA Drug Enforcement Administration
DHS Department of Homeland Security

HHS Department of Health and Human Services

MAT medication-assisted treatment

ONDCP Office of National Drug Control Policy

SAMHSA Substance Abuse and Mental Health Services

Administration

STOP Act Synthetics Trafficking and Overdose Prevention Act of

2018

SUPPORT Act Substance Use-Disorder Prevention that Promotes

Recovery and Treatment for Patients and Communities

Act of 2018

USPS U.S. Postal Service

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March 26, 2020

Report to the Congress

Drug misuse—the use of illicit drugs and the misuse of prescription drugs—has been a long-standing and persistent problem in the United States.¹ It represents a serious risk to public health and has resulted in significant loss of life and effects to society and the economy, including billions of dollars in costs.

According to the Centers for Disease Control and Prevention (CDC), over 716,000 people have died as the result of a drug overdose since 2002, and in 2018 alone, over 67,000 people died as a result of a drug overdose.² Although the number of drug overdose deaths in 2018 decreased compared to 2017, drug misuse in the United States continued to rise.³ In 2018, the Substance Abuse and Mental Health Services Administration (SAMHSA) reported that an estimated 19 percent of the U.S. population (over 53 million people) misused or abused drugs, an increase from an estimated 14.7 percent in 2003.⁴ Apart from overdose deaths, drug misuse has contributed to a number of other problems, such as the increased need for health care, human services, and special education, as well as increased crime and childhood trauma, and reduced workforce productivity. In October 2017, the Acting Secretary of the Department of Health and Human Services (HHS) first declared the

¹For the purposes of this report, we use the term "drug misuse" to describe both the use of illicit drugs and the non-medical use of prescription drugs like opioids. Other studies may use different terms (e.g. "drug abuse," "drug dependence," "substance use," "substance abuse").

²GAO analysis of the most recently available data from the Centers for Disease Control and Prevention (CDC).

³According to CDC, drug overdose deaths in the United States totaled 70,237 in 2017 and 67,367 in 2018.

⁴GAO analysis of Substance Abuse and Mental Health Services Administration, Center for Behavioral Health Statistics and Quality, *Results from the 2018 National Survey on Drug Use and Health: Detailed Tables* (Rockville, MD: Aug. 2019).

opioid crisis a public health emergency and a declaration has been in effect since that time.⁵

Ongoing drug control efforts seek to address the drug crisis through education and prevention, addiction treatment, and law enforcement and drug interdiction—as well as programs that serve populations affected by drug misuse. These efforts involve federal, state, local, and tribal governments as well as community groups and the private sector. The federal drug control budget for fiscal year 2019 was more than \$36 billion with broad involvement across more than a dozen federal agencies.

We have issued more than 90 reports on topics related to drug misuse, including on its negative effects, federal efforts to enforce anti-drug laws, and treatment programs. In recent years, our reports have examined drug misuse prevention strategies for adolescents and young adults, access to treatment for drug use disorders, ways to identify suspicious opioid orders, and security at borders and ports of entry to address illicit drug smuggling, among other related issues. Through this work we have identified many persistent challenges that the federal government faces in its efforts to address the crisis.

⁵A public health emergency declaration is in effect until the Secretary declares the emergency no longer exists, or 90 days after the declaration, whichever occurs first. A declaration that expires may be renewed by the Secretary. See 42 U.S.C. § 247d(a). Since first being declared a public health emergency in October 2017, the emergency declaration for the opioid crisis has been renewed 9 times, most recently in January 2020.

⁶For example, GAO, *Drug Control: Actions Needed to Ensure Usefulness of Data on Suspicious Opioid Orders*, GAO-20-118 (Washington, D.C.: Jan. 29, 2020); *Adolescent and Young Adult Substance Use: Federal Grants for Prevention, Treatment, and Recovery Services and for Research*, GAO-18-606 (Washington, D.C.: Sept. 4, 2018); *Opioid Use Disorders: HHS Needs Measures to Assess the Effectiveness of Efforts to Expand Access to Medication-Assisted Treatment*, GAO-18-44 (Washington, D.C.: Oct. 31, 2017). For additional reports, see appendix I.

GAO Priority Recommendations

GAO's priority recommendations on the topic of drug misuse that have yet to be implemented call for the Department of Health and Human Services (HHS) to develop a plan to assist babies born with neonatal abstinence syndrome, a withdrawal condition in newborn infants resulting from prenatal use of opioids (GAO-18-32); and for the Department of Veterans Affairs to employ key opioid risk mitigation strategies when prescribing opioid medication (GAO-18-380). HHS has also implemented two priority recommendations regarding expanding access to treatment (GAO-18-44) and gathering information on the number of Medicare beneficiaries at risk of harm from opioids (GAO-18-15).

Source: GAO-19-364SP; GAO-19-358SP. | GAO 20 459

Since fiscal year 2015, we have made over 80 recommendations regarding actions that, if taken, could help the federal government more effectively address the drug crisis, with 28 recommendations made in the last year (since March 2019). Although agencies largely agreed with the recommendations and have taken some steps to address the recommendations, more than 60 recommendations made since fiscal year 2015 remain unaddressed, including two that we have previously determined warrant special attention from management (see sidebar). However, the current and past Administrations have also taken other actions to stem drug misuse. For example, HHS has implemented activities within the Medicaid and Medicare programs to reduce the risk of opioid use disorders, overdoses, inappropriate prescribing, and drug diversion, such as by improving information on opioid prescribing that causes a risk of harm to patients.

In 1988, the Office of National Drug Control Policy (ONDCP) was established by the Anti-Drug Abuse Act of 1988,8 to lead the national drug control effort, among other things.9 Since fiscal year 1994, over \$500 billion appropriated to federal agencies has been used to help address the crisis, including for grant programs to support state and local efforts.10 Examples of recent legislation to help address the drug crisis include the Substance Use-Disorder Prevention that Promotes Opioid Recovery and Treatment for Patients and Communities Act (SUPPORT Act),11 the

⁷Some of the recommendations we have made since fiscal year 2015 on the topic of drug misuse merit priority attention. Priority recommendations are those that GAO believes warrant special attention from heads of key departments or agencies because, upon implementation, they may significantly improve government operation. For a list of recommendations related to the topic of drug misuse, see https://www.gao.gov/products/GAO-20-474.

⁸Pub. L. No. 100-690, 102 Stat. 4181.

⁹See 21 U.S.C. § 1702(a).

¹⁰GAO analyzed the tables entitled "Federal Drug Control Funding" found in the Analytical Perspectives that accompany Presidential Budget Requests. These tables represent the President's Budget Request for National Drug Control Program agencies to implement the Administration's drug control policies. In addition to the funding being requested, the Presidential Budget Requests contain historical data on department and agency-level funding. We used historical data from the tables of each of the President's Budget Requests from 1996 through 2021 to calculate the amount of federal drug control funding for this period.

¹¹Pub. L. No. 115-271, 132 Stat. 3894 (2018).

Comprehensive Addiction and Recovery Act of 2016, 12 and the 21st Century Cures Act. 13 Congress has also held numerous congressional hearings on drug misuse over the years to spotlight the problems associated with drug misuse and provide oversight of federal drug control efforts.

Even with these efforts, the devastating effects that drug misuse has on families, communities, and society have continued, and drug overdoses continue to be a leading cause of death in the United States. Further, federal, state, and local efforts to address drug misuse through education and prevention, law enforcement, and mental health initiatives have, at times, been fragmented and inconsistent.

In our March 2019 High-Risk report, we named drug misuse as an emerging issue requiring close attention. 14 Based on our findings from a body of work related to drug misuse—including 25 new GAO products issued since our 2019 High-Risk report—we have determined that this issue should be on our High-Risk List. The federal government is making progress in some areas but the nation is at a critical juncture where a strategic, coordinated, and effective national response—with key sustained leadership from federal agencies—is needed. A High-Risk designation is intended to help to spur such progress by shining a spotlight on ways the federal government can lead the national effort, such as by addressing our recommendations and focusing on using federal funds efficiently to maximize results. Given the urgency of this issue, we were prepared to make an out-of-cycle high-risk designation this month. 15 However, many of the federal, state, and local agencies responsible for addressing drug misuse are currently fully engaged in the nation's efforts to respond to and recover from the Coronavirus Disease

¹²Pub. L. No. 114-198, 130 Stat. 695.

¹³Pub. L. No. 114-255, 130 Stat. 1033 (2016).

¹⁴The High-Risk List highlights federal programs and operations that we have determined are in need of transformation. The High-Risk List also names federal programs and operations that are vulnerable to waste, fraud, abuse, and mismanagement. See GAO, *High-Risk Series: Substantial Efforts Needed to Achieve Greater Progress on High-Risk Areas*, GAO-19-157SP (Washington, D.C. Mar. 6, 2019).

¹⁵An out-of-cycle designation refers to a high-risk designation made outside of the High-Risk Update, which is issued every two years at the beginning of each new Congress. See the Background section for more information on the criteria used for making high-risk designations and the use of out-of-cycle designations.

2019 (COVID-19) pandemic. ¹⁶ Recognizing the strain these agencies are under as they address the ongoing public health and economic effects of the coronavirus, we will include *National Efforts to Prevent, Respond to, and Recover from Drug Misuse* in our 2021 High-Risk Series update and make the designation effective at that time.

We prepared this report under the authority of the Comptroller General to assist Congress with its oversight responsibilities. Specifically, this report provides information on (1) trends in drug misuse in the United States, (2) costs and other effects of drug misuse on society and the economy, and (3) challenges the nation faces in addressing the long-standing drug crisis. It also conveys factors we considered when making the determination to add this issue to the High-Risk List.

To describe trends in drug misuse in the United States, we identified and analyzed publicly available federal data on drug misuse and overdose deaths nationwide, and by county.

- For trends in drug misuse, we used data from SAMHSA's National Survey on Drug Use and Health. The National Survey on Drug Use and Health is an annual survey of the civilian, non-institutionalized population of the United States, aged 12 years or older and whose results are designed to be representative of the nation as a whole and for each of the 50 states and the District of Columbia.¹⁷
- For trends in drug overdose deaths, we used data from CDC's
 National Center for Health Statistics' National Vital Statistics System.
 The National Vital Statistics System is a public health data sharing
 system by which the National Center for Health Statistics collects and
 disseminates the nation's official vital statistics including information
 on drug overdose deaths occurring within the 50 states and the
 District of Columbia.

Generally, we identified published data from the earliest common year available across a range of variables (2002 for data from both the National Survey on Drug Use and Health and the National Vital Statistics System) and data from the most current year available (2018 for the National Survey on Drug Use and Health and 2018 for National Vital

¹⁶For more information on Coronavirus Disease 2019 (COVID-19), see GAO, *Science & Tech Spotlight: Coronaviruses*, GAO-20-472SP (Washington, D.C.: Mar. 3, 2020).

¹⁷Information on drug misuse is self-reported by survey respondents. SAMHSA analyzes survey data to develop estimates of drug misuse in the U.S. population, among other things.

Statistics System). For trends in drug misuse among demographic groups, we identified published data from the National Survey on Drug Use and Health from the four most recent years of comparable data, 2015 through 2018. For some county-level data from the National Vital Statistics System, 2003 was the earliest year for which comparable data were available. When reporting on data from a single year, we used data from the latest year available (2018 for the National Survey on Drug Use and Health and 2017 for National Vital Statistics System). To assess the reliability of data from both the National Survey on Drug Use and Health and the National Vital Statistics System, we reviewed agency documentation and interviewed relevant SAMHSA and CDC officials. We determined these data are sufficiently reliable for the purposes of this report.

To provide information on the costs and other effects of drug misuse, we conducted a literature search of research studies on the effects and costs of drug misuse on society and the economy. We considered studies that met the following criteria: published by peer-reviewed academic sources or government publications, published from 2014 through 2019, used nationally representative data, and discussed the costs and other effects of drug misuse on society or the economy. We selected 16 studies that collectively covered a variety of illicit drugs as well as a broad range of types of costs, such as health care, workforce productivity, criminal justice, and education. We also conducted a detailed analysis of over 40 prior GAO reports published from fiscal year 2015 through the present (October 2014 through March 2020, approximately 5.5 fiscal years) that addressed the costs or other effects of drug misuse on society and the economy. Selected studies and our prior work vary in the types of drug misuse considered, the costs or other effects of drug misuse that are examined, and the timeframe of analysis. Though all selected studies were published between 2014 and 2019, the data used by each study vary, including timeframes from 2002 through 2018, and do not represent all research or findings related to drug misuse. The examples presented provide an illustration of the effects of drug misuse.

To describe the challenges the nation faces in addressing the drug crisis, we identified and reviewed prior GAO reports on a variety of drug-related issues—such as prevention, enforcement, and treatment (see app. I). This review focused on over 75 GAO reports that were published from fiscal year 2015 through the present (October 2014 through March 2020, approximately 5.5 fiscal years) but also included older reports with open recommendations to federal agencies. To identify the reports, we consulted with internal stakeholders and conducted key word searches of

a report database. For each of these products, we conducted a detailed analysis of our findings, as well as any recommendations that have yet to be implemented. We compared findings from our prior reports against the criteria for determining government-wide high risks. 18 To follow-up on our prior work regarding ONDCP and the National Drug Control Strategy, we reviewed the 2020 Strategy and four associated companion documents to assess the extent to which the Strategy met selected statutory requirements. 19

We conducted this performance audit from June 2019 to March 2020 in accordance with generally accepted government auditing standards. Those standards require that we plan and perform the audit to obtain sufficient, appropriate evidence to provide a reasonable basis for our findings and conclusions based on our audit objectives. We believe that the evidence obtained provides a reasonable basis for our findings and conclusions based on our audit objectives.

Background

Designating Federal Programs as High Risk

Since the early 1990s, our high-risk program has focused attention on government operations with greater vulnerabilities to fraud, waste, abuse, and mismanagement, or that are in need of transformation to address economy, efficiency, or effectiveness challenges.

To determine which federal government programs and functions should be designated high risk, we use our guidance document, *Determining Performance and Accountability Challenges and High Risks*.²⁰ We consider qualitative factors, such as whether the risk (1) involves public health or safety, service delivery, national security, national defense, economic growth, or privacy or citizens' rights; or (2) could result in

¹⁸GAO, Determining Performance and Accountability Challenges and High Risks, GAO-01-159SP (Washington, D.C.: Nov. 1, 2000).

¹⁹The companion documents that we reviewed in addition to the 2020 National Drug Control Strategy were the companion documents that ONDCP identified in conjunction with the 2020 National Drug Control Strategy and that were available when we began our analysis of the 2020 National Drug Control Strategy in mid-February 2020. These documents included the 2020 National Drug Control Strategy Performance Reporting System, the 2020 National Drug Control Strategy Data Supplement, the 2020 National Drug Control Strategy National Treatment Plan for Substance Use Disorder, and the 2020 National Drug Control Strategy Fiscal Year 2021 Funding Highlights.

²⁰GAO-01-159SP.

significantly impaired service, program failure, injury or loss of life, or significantly reduced economy, efficiency, or effectiveness.²¹ We also consider the exposure to loss in monetary or other quantitative terms. At a minimum, \$1 billion must be at risk, in areas such as the value of major assets being impaired; revenue sources not being realized; major agency assets being lost, stolen, damaged, wasted, or underutilized; potential for, or evidence of improper payments; and presence of contingencies or potential liabilities.

Before making a high-risk designation, we also consider corrective measures that are planned or under way to resolve a material control weakness and the status and effectiveness of these actions.

We release a High-Risk Series report every two years at the start of each new Congress. Our biennial reports detail progress made on previously designated high-risk issues. We designate any new issue areas we identify as high risk, based on the above criteria, in these reports or in separate products outside of the two-year cycle. We make out-of-cycle designations—as has been the case for seven other high-risk designations we have made²²—to highlight urgent issues, help ensure focused attention, and maximize the opportunity for the federal government to take action.

National Drug Control Program Agencies

The Office of National Drug Control Policy (ONDCP) was established by the Anti-Drug Abuse Act of 1988 as a component of the Executive Office of the President,²³ and its Director is to assist the President in the establishment of the policies, goals, objectives, and priorities for the

²¹Two examples of other public health issues that we have previously designated as high risk include Protecting Public Health through Enhanced Oversight of Medical Products and Improving Federal Oversight of Food Safety. See GAO, *High-Risk Series: Substantial Efforts Needed to Achieve Greater Progress on High-Risk Areas*, GAO-19-157SP (Washington, D.C. Mar. 6, 2019).

²²GAO has placed the following issues on the High-Risk List outside of GAO's biennial high-risk update cycle: Government-Wide Personnel Security Clearance Process (2018), U.S. Postal Service's Financial Viability (2009), 2010 Census (2008), National Flood Insurance Program (2006), Pension Benefit Guaranty Corporation Insurance Programs (2003), U.S. Postal Service's Transformation Efforts and Long-Term Outlook (2001), Department of Housing and Urban Development Single-Family Mortgage Insurance and Rental Housing Assistance Programs (1994).

²³Pub. L. No. 100-690, 102 Stat. 4181.

National Drug Control Program.²⁴ In October 2018, the SUPPORT Act, among other things, reauthorized ONDCP and amended its authorities.²⁵ ONDCP is responsible for (1) leading the national drug control effort, (2) coordinating and overseeing the implementation of national drug control policy, (3) assessing and certifying the adequacy of National Drug Control Programs and the budget for those programs, and (4) evaluating the effectiveness of national drug control policy efforts.²⁶

As part of these efforts, ONDCP is to coordinate with more than a dozen federal agencies—known as National Drug Control Program agencies—that have responsibilities for activities including education and prevention, treatment, and law enforcement and drug interdiction (see fig. 1).²⁷

²⁴See 21 U.S.C. § 1703(b)(1).

²⁵Pub. L. No. 115-271, tit. VIII, subtit. K,132 Stat. 3894, 4110-43 (2018).

²⁶See 21 U.S.C. § 1702(a).

²⁷Under 21 U.S.C. § 1701(11), "the term 'National Drug Control Program agency' means any agency (or bureau, office, independent agency, board, division, commission, subdivision, unit, or other component thereof) that is responsible for implementing any aspect of the National Drug Control Strategy, including any agency that receives Federal funds to implement any aspect of the National Drug Control Strategy, but does not include any agency that receives funds for drug control activity solely under the National Intelligence Program or the Joint Military Intelligence Program."



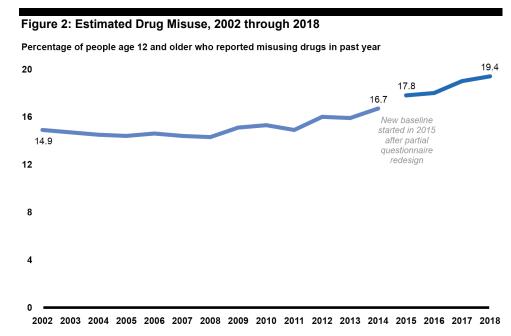
Source: GAO analysis of 2020 National Drug Control Strategy. | GAO-20-474

Within these agencies, there may be components or offices that handle specific aspects of drug control. Some examples include SAMHSA and CDC within HHS, and the Drug Enforcement Administration (DEA) within the Department of Justice.

Rates of Drug Misuse and Drug Overdose Deaths Have Generally Increased in the United States Rates of drug misuse and drug overdose deaths have generally increased in the United States. Nationally representative data show that this increase in the estimated rate of drug misuse has occurred across several demographic categories such as sex and education levels. Nationally, the rate of drug overdose deaths decreased in 2018 after increasing almost every year since 2002. Drug overdose death rates vary by region and by different types of drugs.

Drug Misuse Has Increased in the United States and Affected People across a Range of Demographics

Drug misuse—the use of illicit drugs and the misuse of prescription drugs—has generally increased in the United States since 2002.²⁸ According to SAMHSA, estimates of self-reported drug misuse among people aged 12 or older increased from 14.9 percent in 2002 to 16.7 percent in 2014, and then further increased from 17.8 percent in 2015 to 19.4 percent in 2018 (see fig. 2).²⁹



Source: GAO analysis of National Survey on Drug Use and Health data. | GAO-20-474

Note: The National Survey on Drug Use and Health obtains self-reported information on 10 categories of illicit drug use: marijuana, cocaine (including crack), heroin, hallucinogens, inhalants, and methamphetamine, as well as the misuse of prescription pain relievers, tranquilizers, stimulants, and sedatives. In 2015, to improve the quality of the data and to address the changing needs of policymakers and researchers, the National Survey on Drug Use and Health questionnaire underwent a partial redesign. Specifically, changes were made in the questions and data collection procedures

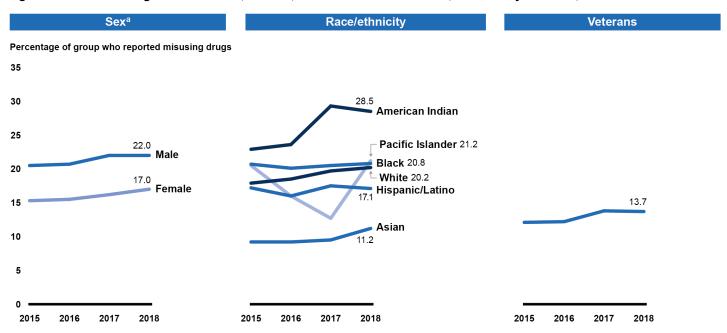
²⁸SAMHSA's definition of illicit drugs includes marijuana, cocaine (including crack), heroin, hallucinogens, inhalants, and methamphetamine; it also defines "illicit" as the misuse of prescription psychotherapeutics such as pain relievers, tranquilizers, stimulants, and sedatives. For the purposes of this report, we use the term drug misuse to mean the use of illicit drugs and the misuse of prescription drugs.

²⁹Estimated drug misuse decreased slightly in the early years of this time period (e.g., 14.7 percent in 2003, 14.5 percent in 2004, and 14.4 percent in 2005) compared to 14.9 percent in 2002. In 2015, the National Survey on Drug Use and Health questionnaire underwent a partial redesign. For example, questions were added about any past year prescription drug use, rather than just misuse. This methodological change, among others, led to breaks in the comparability of 2015 estimates with estimates from prior years.

for 7 of the 10 drug categories—hallucinogens; inhalants; methamphetamine; and the misuse of prescription pain relievers, tranquilizers, stimulants, and sedatives. As a result, in 2015 new baselines began for these drug categories; therefore, estimates for 2015 through 2018 are not comparable with estimates prior to 2015.

The increase in estimated drug misuse from 2015 to 2018 by people aged 12 or older is evident in people across a broad range of demographic groups, including sex, race or ethnicity, military veterans, income and education levels, employment status, and geographic categories, with few exceptions (see figures 3 through 5).³⁰ Additionally, the estimated percentage of drug misuse within certain demographic groups increased for some years and decreased for others, in every year more than 10 percent of the people in every demographic group reported misusing drugs.

Figure 3: Estimated Drug Misuse for Men, Women, Some Races or Ethnicities, and Military Veterans, 2015 to 2018



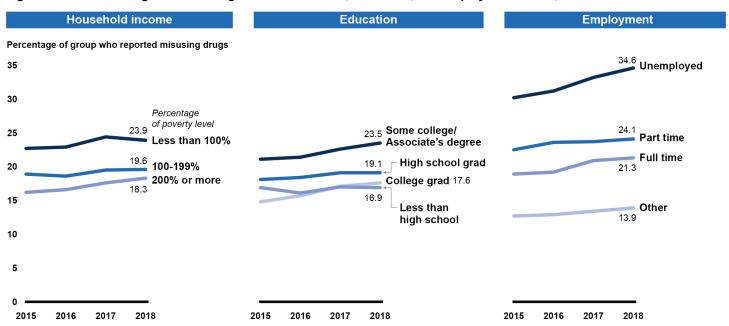
Source: GAO analysis of National Survey on Drug Use and Health data. | GAO-20-474

Note: Persons of Hispanic origin may be of any race. Single-race categories shown include non-Hispanic persons who reported only one racial group. "American Indian" refers to "American Indian or Alaska Native." "Pacific Islander" refers to "Native Hawaiian or other Pacific Islander." "Black" refers to "Black or African American."

³⁰For trends in drug misuse among demographic groups, we analyzed data from the four most recent years of comparable data, 2015 through 2018.

^aThe National Survey on Drug Use and Health reports respondents' "gender" to identify male and female demographic groups. For the purposes of this report, we use the term "sex" to identify male and female demographic groups.

Figure 4: Estimated Drug Misuse among Household Income, Education, and Employment Levels, 2015 to 2018



Source: GAO analysis of National Survey on Drug Use and Health data. | GAO-20-474

Notes: According to the Substance Abuse and Mental Health Services Administration, the poverty level is calculated as a percentage of the poverty threshold by dividing a respondent's reported total family income by the appropriate poverty threshold amount. For example, in 2018 the poverty threshold for a family of one was \$12,784, according to the U.S. Census Bureau. Therefore, in 2018, the three categories for poverty level were (1) less than \$12,784 (i.e., total family income was less than the poverty threshold, or less than 100 percent); (2) \$12,784 to \$25,568 (i.e., total family income was at or above the poverty threshold but less than twice the poverty threshold, or between 100 and 199 percent); and (3) more than \$25,568 (i.e., total family income was twice the poverty threshold or greater, or 200 percent or more).

Data for the education and employment categories are for persons aged 18 or older because persons aged 12 to 17 typically have not completed high school or college and have not been employed. Regarding employment data, "other" includes students, persons keeping house or caring for children full time, retired or disabled persons, or other persons not in the labor force.

County type^a Region Percentage of group who reported misusing drugs 25 West 20.1 Northeast Large metro Small metro Midwest South Non-metro 15.7 10 Northeast West 5 2015 2016 2017 2018 2015 2016 2017 2018

Figure 5: Estimated Drug Misuse among Regions and County Types, 2015 to 2018

Source: GAO analysis of National Survey on Drug Use and Health data. | GAO-20-474

^aAccording to the Substance Abuse and Mental Health Services Administration, large and small metropolitan (metro) counties are in metropolitan statistical areas and have a population of 1 million or more and fewer than 1 million, respectively. Metropolitan statistical areas have at least one urbanized area, and include adjacent counties with a high degree of social and economic integration with the urbanized area as defined by the 2013 Office of Management and Budget county-based classification. All other counties are non-metropolitan (non-metro) counties.

The National Rate of Drug Overdose Deaths Increased between 2002 and 2018

The rate of drug overdose deaths in the United States increased between 2002 and 2018 (see fig. 6).31 For context, in 2002, there were 23,518 drug overdose deaths, and in 2018, there were 67,367 drug overdose deaths, according to CDC data. Furthermore, the rate of drug overdose deaths increased more rapidly in recent years; the rate increased on average by 2 percent per year from 2006 through 2013, and by 14 percent per year from 2013 through 2016; however, the rate decreased by 4.6 percent between 2017 and 2018.

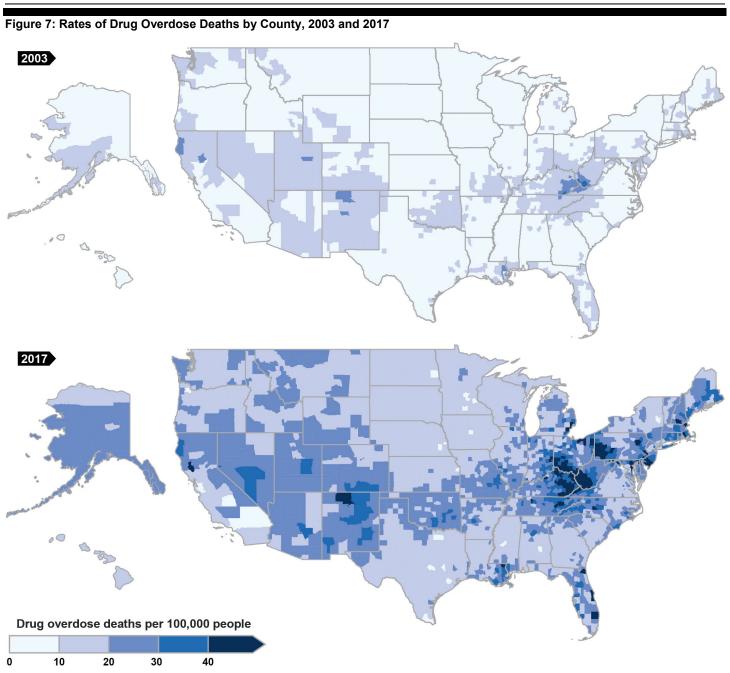
³¹The rate of drug overdose deaths is the total number of drug overdose deaths divided by the total population, and multiplied by 100,000. This rate is expressed as the number of drug overdose deaths per 100,000 people in the population—for example, in 2018 there were 20.7 drug overdose deaths per 100,000 people.

Source: GAO analysis of Centers for Disease Control and Prevention (CDC) National Center for Health Statistics data. | GAO-20-474

Note: CDC adjusts national drug overdose death rates for age to control for the changing age distribution of the population, and thereby allows comparisons of rates over time and between groups. GAO's examination of these trends controls for the age distribution of the population, but does not consider whether changes in the distribution of sex, race, and other population characteristics may influence drug overdose death rates.

Regional Rates of Drug Overdose Deaths Varied Across the Nation

Rates of drug overdose deaths varied in counties across the nation in 2003 and 2017, the most recent year that county-level data were available (see fig. 7). In 2017, there were some areas of the country with high rates of drug overdose deaths. For example, in 2017, 1,354 counties (43.2 percent of counties) had estimates of more than 20 drug overdose deaths per 100,000 people, including 448 counties with rates that were significantly higher than this amount.

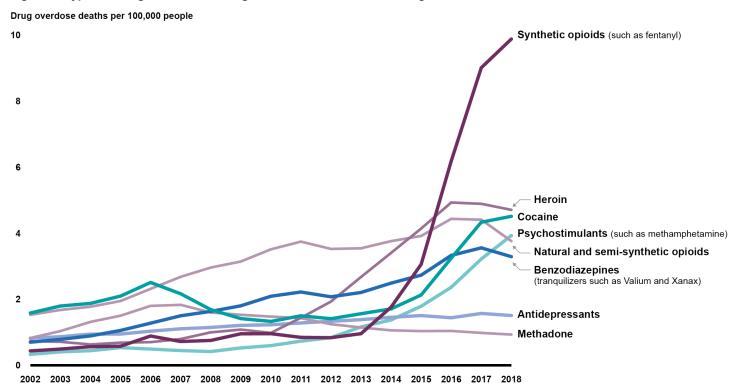


Source: GAO analysis of Centers for Disease Control and Prevention (CDC) National Center for Health Statistics data. | GAO-20-474

Note: CDC's National Center for Health Statistics used a statistical model to estimate rates of drug overdose deaths to account for counties where data were sparse because of small population size.

Rates of Overdose Deaths Increased for Multiple Drug Types between 2002 and 2018 The rate of overdose deaths for different types of drugs increased between 2002 and 2018. Rates of drug overdose deaths involving synthetic opioids, natural and semi-synthetic opioids, methadone, heroin, cocaine, benzodiazepines, psychostimulants, and antidepressants generally increased between 2002 and 2018 (see fig. 8). It is important to note that drug overdose deaths may involve more than one drug, and the drugs most frequently involved in overdose deaths were often found in combination with each other.

Figure 8: Types of Drugs Involved in Drug Overdose Deaths, 2002 through 2018



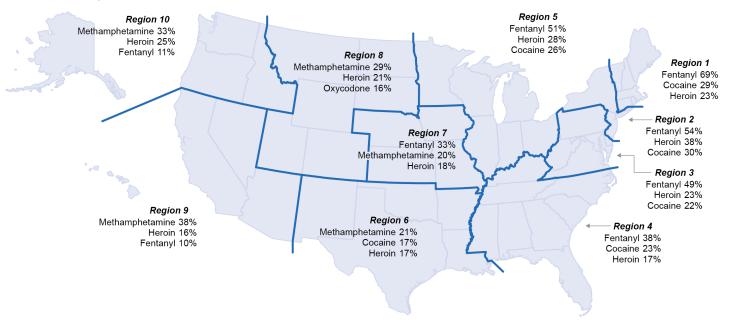
Source: GAO analysis of Centers for Disease Control and Prevention (CDC) National Center for Health Statistics data. | GAO-20-474

Notes: Measurement of specific drug overdose death rates can be affected by a number of factors, including that the substances tested for and the circumstances under which the toxicology tests are performed vary by jurisdiction. Also, drug overdose deaths may involve multiple drugs; deaths involving more than one drug group were counted in all relevant categories. Rates are not mutually exclusive and should not be summed.

CDC adjusts national drug overdose death rates for age to control for the changing age distribution of the population, and thereby allows comparisons of rates over time and between groups. GAO's examination of these trends controls for the age distribution of the population, but does not consider whether changes in the distribution of sex, race, and other population characteristics may influence drug overdose death rates.

The most common drugs involved in overdose deaths vary in different parts of the United States, according to data for each of the 10 HHS public health regions (see fig. 9). 32 Generally, in eastern regions, fentanyl was the most common drug involved in overdose deaths in 2017, the most recent year that data were available, whereas methamphetamine was the most common drug involved in overdose deaths in western regions. As previously discussed, many drug overdose deaths involve more than one drug.

Figure 9: Top Three Drugs Involved in Drug Overdose Deaths in 2017, by U.S. Department of Health and Human Services Public Health Region



 $Source: GAO\ analysis\ of\ data\ from\ National\ Vital\ Statistics\ Reports,\ Volume\ 68,\ Number\ 12.\ \mid\ GAO-20-474$

Notes: Percentages are for drug overdose deaths in the region that involves the referent drug group. Measurement of specific drug overdose death rates can be affected by a number of factors, including that the substances tested for and the circumstances under which the toxicology tests are performed vary by jurisdiction. Also, drug overdose deaths may involve multiple drugs; deaths involving more than one drug group were counted in all relevant categories. Rates are not mutually exclusive and should not be summed.

The National Vital Statistics Report (Volume 68, Number 12) reported these data for each of the 10 U.S. Department of Health and Human Services (HHS) public health regions including: Region 1 (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); Region 2 (New Jersey, New York, and New York City); Region 3 (Delaware, District of Columbia, Maryland, Pennsylvania, Virginia, and West Virginia); Region 4 (Alabama, Florida, Georgia, Kentucky,

³²HHS's Office of Intergovernmental and External Affairs hosts 10 Regional Offices across the United States that directly serve state and local organizations through HHS programs and policies.

Mississippi, North Carolina, South Carolina, and Tennessee); Region 5 (Illinois, Indiana, Michigan, Minnesota, Ohio, and Wisconsin); Region 6 (Arkansas, Louisiana, New Mexico, Oklahoma, and Texas); Region 7 (Iowa, Kansas, Missouri, and Nebraska); Region 8 (Colorado, Montana, North Dakota, South Dakota, Utah, and Wyoming); Region 9 (Arizona, California, Hawaii, and Nevada); and Region 10 (Alaska, Idaho, Oregon, and Washington).

Negative Effects of Drug Misuse Are Widespread and Cost Billions

Past GAO work, as well as other selected government and academic studies, have found that drug misuse results in high costs for society and the economy. Such costs vary and include health care costs, criminal justice costs, workplace productivity costs, education costs, human services costs, and mortality costs. Figure 10 below includes examples of costs and other effects of drug misuse in these areas. These costs are born by federal, state, and local governments; private businesses and nonprofit organizations; employers; families, and individuals who misuse drugs.

Figure 10: Examples of Effects of Drug Misuse Identified in Selected Studies, by Category

Workplace Productivity

 Missed work days: Employees in both the public and private sector with substance use disorders miss 50 percent more work days than their peers (2012 through 2014).^a

Human Services

 Foster care: 34 percent of the children entering foster care had parents that misused drugs (fiscal year 2016).^b

Veterans

Suicide risk: Veterans Health Administration (VHA) enrollees who misuse drugs
including alcohol have an increased risk of suicide compared with those that did not
(fiscal years 2006 through 2011).^c

Mortality

 Life expectancy: Drug misuse likely contributed to stagnating life expectancies (2010 through 2014). During this time, drug-induced causes of death increased much more than other leading causes, including heart disease, cancer, and diabetes.^d

Health Care

 Hospitalization costs: \$10.3 billion from opioid misuse. Medicaid was the primary payer in 30 percent of these hospitalizations (2002 through 2012).^e

Crime

Criminal justice costs: \$7.7 billion in criminal justice costs from opioid misuse, based
on estimates of the costs for police protection, legal and adjudication costs, costs for
correctional facilities, and property lost due to crimes related to opioid abuse or
dependence. These costs are largely paid by state and local governments (2013).

Education

Federal education spending: An estimated \$5.2 billion in increased federal
education expenditures attributable to opioid misuse, such as in federal programs
that support low-income or special needs students (2015 through 2018).^g

Source: GAO review of selected studies. | GAO-20-474

^aE. Goplerud, S. Hodge, and T. Benham, "A Substance Use Cost Calculator for US Employers with an Emphasis on Prescription Pain Medication Misuse," *Journal of Occupational and Environmental Medicine*, vol. 59, no. 11 (2017): pp. 1063-1071. This study includes the misuse of illicit drugs, prescription pain medication, and risky use of alcohol.

^bGAO, Foster Care: Additional Actions Could Help HHS Better Support States' Use of Private Providers to Recruit and Retain Foster Families, GAO-18-376, (Washington, D.C.: May 30, 2018).

°K. M. Bohnert, et al., "Substance Use Disorders and the Risk of Suicide Mortality among Men and Women in the US Veterans Health Administration," *Addiction*, vol. 112, no. 7 (2017): p1193-1201. This study considers veterans with diagnoses of alcohol, cocaine, cannabis, opioid, amphetamine and sedative use disorders. The study included all Veterans Health Administration (VHA) users in fiscal year 2005 who were alive at the beginning of fiscal year 2006 (total of 4,863,086 VHA users).

^dS. Imtiaz, C. Probst, J. Rehm, "Substance Use and Population Life Expectancy in the USA: Interactions with Health Inequalities and Implications For Policy," *Drug and Alcohol Review*, Suppl. 1 (2018), p. S265. This study includes alcohol use, non-medical prescription drug use, and illicit drug use.

^eM.V. Ronan, and S.J. Herzig, "Hospitalizations Related To Opioid Abuse/Dependence And Associated Serious Infections Increased Sharply, 2002-2012," *Health Affairs*, vol. 35, no.5 (2016): pp. 832-837.

⁶C. S. Florence et al., "The Economic Burden of Prescription Opioid Overdose, Abuse, and Dependence in the United States, 2013," *Medical Care*, vol. 54, no. 10 (2016): pp. 901-906.

⁹S. Davenport, A. Weaver, and M. Caverly, *Economic Impact of Non-medical Opioid Use in the United States* (Society of Actuaries, 2019).

While selected studies we reviewed provided estimates for some of the costs of drug misuse, one study also indicated it is difficult to precisely quantify these costs. For example, concepts such as the quality of life or the pain and suffering of family members are difficult to fully capture or quantify.³³

Challenges Impede National Efforts to Prevent, Respond to, and Recover from the Drug Crisis

Our recent work on the topic of drug misuse and its effects has highlighted challenges the federal government faces that impede national efforts to address the drug crisis. We categorized these challenges as related to sustained leadership and strengthened coordination; capacity to address the crisis; and measurement, evaluation, and demonstration of progress. In the course of our work on the topic of drug misuse, we have identified many actions that if taken could help to address challenges in each of these areas, and have made specific recommendations to federal agencies about these actions.

While over 25 of these recommendations have been implemented by National Drug Control Program agencies since fiscal year 2015, over 60 of our recommendations to at least 10 federal agencies—including recommendations that have received our highest priority designation—

³³C. S. Florence et al., "The Economic Burden of Prescription Opioid Overdose, Abuse, and Dependence in the United States, 2013," *Medical Care*, vol. 54, no. 10 (2016): pp. 901-906.

have not yet been implemented as of February 2020. The information below describes our findings and how agencies' inaction on our recommendations has contributed to the federal government's lack of progress in addressing the drug crisis.

Sustained leadership and strengthened coordination. Making progress in high-risk areas requires demonstrated, strong, and sustained commitment and coordination, which we have found to be a challenge facing the federal government's drug control efforts. Our work has identified the need for ONDCP to improve its efforts to lead and coordinate the national effort to address drug misuse and for agency leaders to engage in more effective coordination across the government and with stakeholders. ONDCP has a responsibility to coordinate and oversee the implementation of the national drug control policy across the federal government,³⁴ and the National Drug Control Program agencies also have important roles and responsibilities that involve reducing drug misuse and mitigating its effects.

ONDCP's responsibility to develop the National Drug Control Strategy offers the office an important opportunity to help prioritize, coordinate, and measure key efforts to address the drug crisis. Our work has shown that ONDCP can improve its efforts to develop a National Drug Control Strategy that meets statutory requirements and effectively coordinates national efforts to address drug misuse. In 2017 and 2018, ONDCP lacked a statutorily required National Drug Control Strategy, and we recently reported that the 2019 National Drug Control Strategy did not fully comply with the law.³⁵ In December 2019, we recommended that ONDCP develop and document key planning elements to help ONDCP structure its ongoing efforts and to better position the agency to meet these requirements for future iterations of the National Drug Control Strategy.

³⁴²¹ U.S.C. §1702(a)(2).

³⁵GAO, *Drug Control: The Office of National Drug Control Policy Should Develop Key Planning Elements to Meet Statutory Requirements*, GAO-20-124 (Washington, D.C.: Dec. 18, 2019).

ONDCP subsequently issued the 2020 National Drug Control Strategy on February 3, 2020.³⁶ We reviewed this Strategy and found that it made progress in addressing several statutory requirements.³⁷ For example:

- The 2020 National Drug Control Strategy includes 17 annual quantifiable and measurable objectives and specific targets, such as reducing overdose deaths by 15 percent by 2022, whereas we found that the 2019 National Drug Control Strategy did not contain such annual targets.³⁸
- The 2020 Strategy also includes a description of how each of the Strategy's long-range goals was determined, including required consultations and data used to inform the determination, and a list of anticipated challenges to achieving the Strategy's goals, such as limitations in existing data systems that provide little insight into emerging patterns of drug misuse, and planned actions to address them.³⁹

However, the 2020 Strategy fell short in meeting other requirements. For example, the 2020 Strategy does not include a list of each National Drug Control Program agencies' activities and the role of each activity in achieving the Strategy's long-range goals, as required by law.⁴⁰ The federal government invests billions of dollars each year in programs spanning over a dozen agencies, and therefore the development and implementation of a comprehensive Strategy is critical to guiding and ensuring the effectiveness of federal activities to address drug misuse. In

³⁶The Director of ONDCP is required to release a statement of drug control policy priorities in the calendar year of a presidential inauguration (but not later than April 1). The President is then required to submit to Congress a National Drug Control Strategy not later than the first Monday in February following the year in which the term of the President commences, and every two years thereafter, 21 U.S.C. § 1705(a).

³⁷We reviewed the 2020 National Drug Control Strategy and four companion documents that ONDCP identified in conjunction with the 2020 National Drug Control Strategy and that were available when we began our analysis of the 2020 National Drug Control Strategy in mid-February 2020. These documents included the 2020 National Drug Control Strategy Performance Reporting System, the 2020 National Drug Control Strategy Data Supplement, the 2020 National Drug Control Strategy National Treatment Plan for Substance Use Disorder, and the 2020 National Drug Control Strategy Fiscal Year 2021 Funding Highlights.

³⁸See 21 U.S.C. § 1705(c)(1)(C). See also 21 U.S.C. § 1705(a)(2)(A)(ii) (2017).

³⁹See 21 U.S.C. § 1705(c)(1)(I) and (c)(1)(J).

⁴⁰See 21 U.S.C. § 1705(c)(1)(F)(i).

December 2019, we recommended that ONDCP routinely implement an approach to meet the requirements for future Strategy iterations, and ONDCP agreed.

ONDCP is uniquely situated to promote coordination across federal agencies. For example, the National Drug Control Strategy is required to include a description of how each of the Strategy's long-range goals will be achieved, including a list of each existing or new coordinating mechanism to achieve each goal and a description of ONDCP's role in facilitating achievement of each goal.⁴¹ The 2020 Strategy partially addressed these required elements. By including these descriptions in future iterations of the Strategy and effectively implementing them, ONDCP has the potential to strengthen coordination and provide sustained leadership.

ONDCP has previously used its unique position to help implement some of our recommendations aimed at improving coordination across federal agencies in their efforts to prevent and respond to drug misuse. For example, ONDCP implemented our recommendation to assess the extent of overlap and potential for duplication across federal programs engaged in drug abuse prevention and treatment activities and to identify opportunities for increased coordination as well as developed performance metrics and reporting data regarding field-based coordination to prevent drug trafficking.⁴² We have also reported on the lack of available treatment programs for pregnant women and newborns with neonatal abstinence syndrome as well as gaps in research related to the treatment of prenatal opioid use.⁴³ As of February 2020, ONDCP implemented our recommendation to document the process the agency uses to identify gaps and action items to track federal activities related to prenatal opioid use and neonatal abstinence syndrome. Sustaining and building on these coordination efforts will help maximize opportunities,

⁴¹See 21 U.S.C. § 1705(c)(1)(F)(iv) and (v).

⁴²GAO, Office of National Drug Control Policy: Office Could Better Identify Opportunities to Increase Program Coordination, GAO-13-333 (Washington, D.C.: Apr. 25, 2013) and Information Sharing: Agencies Could Better Coordinate to Reduce Overlap in Field-Based Activities, GAO-13-471 (Washington, D.C.: Apr. 4, 2013).

⁴³GAO, *Prenatal Drug Use and Newborn Health: Federal Efforts Need Better Planning and Coordination*, GAO-15-203 (Washington, D.C.: Feb. 10, 2015). The prenatal use of opioids or other drugs can produce a withdrawal condition in newborns known as neonatal abstinence syndrome.

leverage resources, and better position ONDCP to identify opportunities for increased efficiencies in preventing and treating drug misuse.

National Drug Control Program agencies also have a responsibility to coordinate their efforts, and we have reported that gaps in agency coordination have hindered national drug control efforts. For example, the Department of Homeland Security (DHS), the U.S. Postal Service (USPS), and U.S. Customs and Border Protection (CBP) each have important roles in enforcing certain data-sharing and enforcement requirements of the Synthetics Trafficking and Overdose Prevention Act of 2018 (STOP Act).44 The STOP Act requires DHS to promulgate regulations detailing additional USPS responsibilities—beyond those included in the Act—related to sharing advance electronic data with CBP that can be used to identify shipments at high risk of transporting illegal drugs by October 24, 2019.45 However, as of November 2019, DHS had not drafted these regulations, and therefore USPS's and CBP's responsibilities for sharing advance electronic data—a key tool that could help stop the flow of illicit drugs into the United States—remain unclear.46 As we reported in December 2019, DHS does not have a plan for drafting these regulations, and therefore we recommended that DHS develop a timeline to do so; DHS agreed with this recommendation.⁴⁷

It is also important for the federal government to coordinate among different levels of government and across issue areas, including with state, local, and tribal agencies, as well as with community groups and

⁴⁴Pub. L. No. 115-271, tit. VIII, subtit. A, 132 Stat. 3894, 4073-81.

⁴⁵Pub. L. No. 115-271, § 8003, 132 Stat. 3894, 4074-79.

⁴⁶GAO, International Mail Security: Costs and Benefits of Using Electronic Data to Screen Mail Need to Be Assessed, GAO-17-606 (Washington, D.C.: Aug. 2, 2017) and International Mail: Progress Made in Using Electronic Data to Detect Illegal Opioid Shipments, but Additional Steps Remain, GAO-20-229R (Washington, D.C.: Dec. 18, 2019).

⁴⁷GAO-20-229R.

organizations in the private sector working to address the drug crisis.⁴⁸ Our prior work has also found ways in which coordination between federal efforts to address drug misuse and those of local governments and other stakeholders could be more effective. In January 2018, we reported that states cited the need for additional guidance, training, and technical assistance from HHS to address the needs of infants born with prenatal drug exposure. HHS disagreed with our recommendation to provide such guidance regarding the safe care for substance-affected infants, and has not implemented the recommendation. HHS stated that it had already clarified guidance in this area and believed that states needed flexibility to meet the program requirements in the context of each state's program. We found that states continued to report issues with the guidance, and that the clarifications did not address an ongoing challenge regarding the program requirements. We continue to believe our recommendation is warranted. As of February 2020, HHS continues to disagree with us and with the states. Without adequate supports and services to ensure their safety, these vulnerable infants may be at risk for child abuse and neglect.49

We have also recently recommended in January 2020 that DEA should, in consultation with industry stakeholders—such as drug distributors—identify solutions to address the limitations of the ARCOS Enhanced

⁴⁸For example, we have reported that supporting coalitions across law enforcement, health care, and education sectors is a high-priority area for preventing drug misuse. See GAO, *Preventing Illicit Drug Use: Highlights of a Forum Convened by the Comptroller General of the United States*, GAO-17-146SP (Washington, D.C.: Nov. 14, 2016). An example of this type of coalition is the Drug-Free Communities coalitions which, according to ONDCP, are established through a locally-based arrangement for cooperation and collaboration among groups representing every major sector of a community, such as law enforcement, schools, parents, and businesses who agree to work together toward a common goal of building a safe, healthy, and drug-free community. See GAO, *Drug-Free Communities Support Program: Agencies Have Strengthened Collaboration but Could Enhance Grantee Compliance and Performance Monitoring*, GAO-17-120 (Washington, D.C.: Feb. 7, 2017).

⁴⁹GAO, Substance-Affected Infants: Additional Guidance Would Help States Better Implement Protections for Children, GAO-18-196 (Washington, D.C.: Jan. 19, 2018).

Lookup Buyer Statistic Tool,⁵⁰ to ensure industry stakeholders have the most useful information possible to assist them in identifying and reporting suspicious opioid orders to DEA.⁵¹ DEA agreed with our recommendation, and is starting to assess how to address this recommendation. These limitations, including a lack of appropriately detailed data, may limit the usefulness of the tool in assisting distributors in determining whether an order is suspicious.

In addition, we have previously reported in 2019 that coordination across private health plans, health-care prescribers, pharmacists, and at-risk beneficiaries could contribute to the success of Medicare drug monitoring programs, which are designed to identify beneficiaries at risk of opioid misuse. ⁵² We also have ongoing work on how federal departments and agencies coordinate their drug prevention efforts in schools as well as on how effectively federal agencies coordinated their counter-drug activities with Mexico.

Capacity to address the crisis. We have identified ongoing challenges related to the nation's capacity to address the drug crisis. Sufficient capacity and efficient use of that capacity are key components for making progress in high-risk areas; they are necessary for federal, state, and local agencies to achieve strategic goals in addressing drug misuse, such as implementing the National Drug Control Strategy. In our work designating high-risk government programs and functions, we define capacity as having the people and resources sufficient to address the risk.⁵³

⁵⁰Under 21 U.S.C. § 827(f), the Attorney General is required to make certain information available to manufacturer and distributor registrants through the Automated Reports and Consolidated Orders System—a drug reporting system that allows DEA to monitor the flow of controlled substances from their point of manufacture through commercial distribution channels to point of sale or distribution at the dispensing/retail level. The ARCOS Enhanced Lookup Buyer Statistic Tool allows DEA-registered manufacturers and distributors to view certain ARCOS information related to a customer from the previous 6 months. DEA first made the tool available in February 2018, with an additional enhancement released in February 2019.

⁵¹GAO, *Drug Control: Actions Needed to Ensure Usefulness of Data on Suspicious Opioid Orders*, GAO-20-118 (Washington, D.C.: Jan. 29, 2020).

⁵²GAO, *Prescription Opioids: Voluntary Medicare Drug Management Programs to Control Misuse*, GAO-19-446 (Washington, D.C.: May 20, 2019).

⁵³GAO, High Risk Series: Substantial Efforts Needed to Achieve Greater Progress in High Risk Areas, GAO-19-157SP (Washington, D.C.: Mar. 6, 2019).

Our prior work has found that the nation faces insufficient capacity to successfully address persistent, troubling trends in drug misuse, including the lack of treatment options. In addition, the nation's existing capacity may be plagued by inefficiencies and gaps in information about what resources are most effective in addressing drug misuse. These capacity challenges permeate every level of government and affect the nation's key social services and health care programs. As a result, effectively addressing the drug crisis requires harnessing capacity across agencies within the federal government as well as coordinating with state and local governments and community-based nongovernment organizations.

The availability of treatment for substance use disorders has not kept pace with needs, and the federal government has faced barriers to increasing treatment capacity.⁵⁴ For example, we have reported on barriers to increasing access to evidence-based treatment for opioid use disorder, and federal efforts to address these barriers.⁵⁵ Such barriers to treatment include a lack of Medicaid coverage for treatment medications in some states, delays that can be caused by the need for prior authorizations for some treatment medications, and the unwillingness of some health care providers to obtain the federal waiver required to prescribe some treatment medications. We have also reported that, according to officials at the Veterans Health Administration (VHA), many veterans lack access to residential substance use treatment programs because of high demand relative to capacity.⁵⁶

Developing and maintaining sufficient capacity to address the drug crisis also requires that federal agencies use existing resources—such as data—effectively. For example, we have recently reported in January 2020 that DEA should be more proactive in using the data it already collects from DEA registrants to identify problematic drug transaction patterns.⁵⁷ According to DEA officials, one analysis that they conduct on a

⁵⁴GAO, Opioid Addiction: Laws, Regulations, and Other Factors Can Affect Medication-Assisted Treatment Access, GAO-16-833 (Washington, D.C.: Sept. 27, 2016) and Opioid Use Disorders: HHS Needs Measures to Assess the Effectiveness of Efforts to Expand Access to Medication-Assisted Treatment, GAO-18-44 (Washington, D.C.: Oct. 31, 2017).

⁵⁵GAO, Opioid Use Disorder: Barriers to Medicaid Beneficiaries' Access to Treatment Medications, GAO-20-233 (Washington, D.C.: Jan. 24, 2020).

⁵⁶GAO, Veterans Justice Outreach Program: VA Could Improve Management by Establishing Performance Measures and Fully Assessing Risks, GAO-16-393 (Washington, D.C.: Apr. 28, 2016).

⁵⁷GAO-20-118.

quarterly basis involves using a computer algorithm when comparing large volumes of drugs purchased in a given geographic area to the area's population data. However, DEA did not report conducting active and recurring monitoring of transactions using algorithms to detect and flag transactions that indicate potential diversion, either on a real-time or near real-time basis, to help identify questionable patterns in the data or unusual patterns of drug distribution on a more routine basis. Such analyses could be used to proactively support or generate leads for investigations of potential drug diversion.

Registrants already report data on controlled-substance transactions to the DEA. DEA could use these data to identify trends in distribution or purchases of drugs in a given geographic area. DEA could also look for and compare unusual patterns in drug order activity in different locations to identify potential issues that warrant further investigation. Further, DEA has not established a way to manage all of the data it collects and maintains.

DEA agreed with three of our four recommendations to better manage and use the data it collects. DEA neither agreed nor disagreed with the fourth recommendation.⁵⁸ However, DEA has not yet implemented any of the recommendations. By implementing these recommendations, DEA could ensure that important data assets are formally managed and fully utilized to inform investigations and prevent diversion of prescription opioids to be sold illegally. Overall, federal efforts to address the drug crisis could make better use of available data to assist in identifying emerging patterns of misuse, allowing the government to respond more quickly to evolving trends.

Beyond specific capacity challenges that we have identified, in December 2019 we reported on challenges federal agencies face in assessing the resources they will need to achieve the goals of the National Drug Control Strategy. ONDCP is required to issue drug control funding guidance to the heads of departments and agencies with responsibilities under the National Drug Control Program by July 1 of each year, and such funding guidance must address funding priorities developed in the National Drug

⁵⁸DEA neither agreed nor disagreed with our recommendation that DEA should establish outcome-oriented goals and associated measurable performance targets related to opioid diversion activities, using data it collects to assess how the data it obtains and uses supports its diversion control activities. DEA stated it needs additional clarification on the specific actions needed to fulfill this recommendation.

Control Strategy.⁵⁹ Since ONDCP did not issue a Strategy in 2017 or 2018, ONDCP could neither provide funding guidance to National Drug Control Program agencies based on the Strategy, nor could it review and certify budget requests of these agencies to determine if they are adequate to meet the goals of the Strategy, in accordance with and as required by law.⁶⁰ Without a National Drug Control Strategy in 2017 or 2018, ONDCP used other sources—such as policy priorities identified in the President's Budget from fiscal year 2018—to identify drug policy priorities and develop funding guidance.

ONDCP issued a National Drug Control Strategy in 2019 and 2020, but neither Strategy included a 5-year projection for program and budget priorities, as required by law.⁶¹ In December 2019, we recommended that ONDCP develop and document key planning elements to help ONDCP structure its ongoing efforts and to better position the agency to meet these requirements for future iterations of the National Drug Control Strategy.

We also found that the 2020 National Drug Control Strategy does not include estimates of federal funding or other resources needed to achieve each of ONDCP's long-range goals. 62 The 2020 Strategy includes a plan to expand treatment of substance use disorders that identifies unmet

⁵⁹See 21 U.S.C. § 1703(b)(8).

⁶⁰The Director of ONDCP is responsible for developing a consolidated National Drug Control Program budget proposal for each fiscal year. As part of this effort, the Director of ONDCP is required to assess and certify National Drug Control Program agencies' drug control budgets on an annual basis to determine if they are adequate to meet the goals and objectives of the National Drug Control Strategy. See 21 U.S.C. § 1703(c).

⁶¹Under the Office of National Drug Control Policy Reauthorization Act of 2006, which is the criteria we used to review the 2019 National Drug Control Strategy, the Strategy was required to include a "5-year projection for program and budget priorities." See Pub. L. No. 109-469, § 201, 120 Stat. 3502, 3513 (2006) (codified at 21 U.S.C. § 1705(a)(2)(A)(iii) (2017)). We found that the 2019 Strategy provided information about ONDCP's program priorities but not ONDCP's budget priorities. The SUPPORT Act amended this requirement, such that the Strategy is now required to include a "5-year projection for National Drug Control Program and budget priorities." See Pub. L. No. 115-271, § 8221, 132 Stat. 3894, 4134 (2018) (codified, as amended, at 21 U.S.C. § 1705(c)(1)(D)). Under 21 U.S.C. § 1701(10), the "term 'National Drug Control Program' means programs, policies, and activities undertaken by National Drug Control Program agencies pursuant to the responsibilities of such agencies under the National Drug Control Strategy, including any activities involving supply reduction, demand reduction, or State, local, and tribal affairs."

⁶²See 21 U.S.C. § 1705(c)(1)(F)(iii).

needs for substance use disorder treatment and a strategy for closing the gap between available and needed treatment. ⁶³ The plan also describes the roles and responsibilities of relevant National Drug Control Program agencies for implementing the plan. ⁶⁴ However, the plan does not identify resources required to enable National Drug Control Program agencies to implement the plan or resources required to eliminate the treatment gap, as required by law. ⁶⁵ The National Drug Control Strategy is important for assessing the nation's capacity to address drug misuse through both the development of federal funding estimates and the certification of agency budget requests that aim to meet the goals of the Strategy.

Additionally, we have ongoing work on the federal government's capacity to address the drug crisis. For example, we are studying gaps in the capacity of the health care system to treat substance use disorders, and examining how grantees use funding from selected SAMHSA grant programs to increase access to substance use disorder treatment. We are also studying school-based drug prevention programs and the effects of drug misuse on the workforce. This work will examine challenges that states and local educational entities face in serving the needs of communities affected by the drug crisis. We also have planned work examining the effectiveness of federal funding to combat the ongoing opioid crisis.

Measurement, evaluation, and demonstration of progress. The federal government faces challenges related to measuring, evaluating, and demonstrating progress towards addressing the crisis. We have reported that key data needed to measure and evaluate progress towards strategic goals are not reliable or are not collected and reported. We have also found that some agencies lack plans or metrics to measure the effectiveness of specific programs to address the drug crisis and to demonstrate that these programs are making progress towards stated national goals, including reducing drug overdose deaths and expanding access to addiction treatment. Successfully addressing drug misuse requires ongoing measurement and evaluation of efforts towards stated goals and the ability to share and use performance information to make midcourse changes and corrections where needed.

⁶³See 21 U.S.C. § 1705(c)(1)(N)(i).

⁶⁴See 21 U.S.C. § 1705(c)(1)(N)(ii).

⁶⁵See 21 U.S.C. § 1705(c)(1)(N)(iii) and (iv).

Regarding challenges related to data, we have identified gaps in the availability and reliability of data for measuring progress. ONDCP and other federal, state, and local government officials have identified challenges with the timeliness, accuracy, and accessibility of data from law enforcement and public health sources related to both fatal and nonfatal overdose cases.66 In March 2018, we recommended that ONDCP lead a review on ways to improve overdose data; ONDCP did not indicate whether it agreed with our recommendation. Additionally, in December 2019, we found that ONDCP's Drug Control Data Dashboard did not include all of the data required by the SUPPORT Act, such as data sufficient to show the extent of the unmet need for substance use disorder treatment. 67 We recommended that ONDCP establish the planning elements to ensure that these data were included in the Data Dashboard, and ONDCP disagreed with our recommendation. Having accessible and reliable data, including data on drug overdoses will help ONDCP and other agencies better measure the scope and nature of the drug crisis.

We also found in 2019 that the State Department cannot ensure the reliability of its program monitoring data for its Caribbean Basin Security Initiative, which seeks to reduce illicit drug trafficking. 68 The State Department agreed with the recommendation to ensure the development and implementation of a data management system for centrally collecting reliable program monitoring data for all Caribbean Basin Security Initiative activities, but has not yet implemented it. Without this action, there may be discrepancies in how Caribbean Basin Security Initiative program performance data is defined and collected, and the State Department cannot report comprehensively or accurately on the Initiative's activities to reduce illicit drug trafficking or track data trends across countries.

While ONDCP is responsible for evaluating the effectiveness of national drug control policy efforts across the government, we found that ONDCP has not developed performance evaluation plans for the goals in the 2020 National Drug Control Strategy. Some of the long-range goals listed in the 2020 Strategy include expanding access to evidence-based treatment, reducing the availability of illicit drugs in the United States, and

⁶⁶GAO-18-205.

⁶⁷GAO-20-124. See also 21 U.S.C. § 1705(f)(3)(B)(iv).

⁶⁸GAO, Security Assistance: U.S. Agencies Should Establish a Mechanism to Assess Caribbean Basin Security Initiative Progress, GAO-19-201 (Washington, D.C.: Feb. 27, 2019).

decreasing the over-prescribing of opioid medications. However, the 2020 National Drug Control Strategy does not include performance evaluation plans to measure progress against each of the Strategy's long-range goals, as required by law. These performance evaluation plans are required by statute to include (1) specific performance measures for each National Drug Control Program agency, (2) annual and—to the extent practicable—quarterly objectives and targets for each measure, and (3) an estimate of federal funding and other resources necessary to achieve each performance objective and target. ⁶⁹ Without effective long-term plans that clearly articulate goals and objectives and without specific measures to track performance, federal agencies cannot fully assess whether taxpayer dollars are invested in ways that will achieve desired outcomes such as reducing access to illicit drugs and expanding treatment for substance use disorders.

Additionally, National Drug Control Program agencies are responsible for evaluating their progress toward achieving the goals of the National Drug Control Strategy, 70 and in some cases have improved how to measure this progress. For example, although the federal government continues to face barriers to increasing access to treatment for substance use disorders, HHS has recently implemented our recommendation to establish performance measures with targets to expand access to medication-assisted treatment (MAT) for opioid use disorders. 71 As of March 2020, HHS has established such performance measures with targets to increase the number of prescriptions for MAT medications and to increase treatment capacity, as measured by the number of providers authorized to treat patients using MAT. Monitoring progress against these targets will help HHS determine whether its efforts to expand treatment are successful or whether new approaches are needed.

We have also identified challenges regarding how federal agencies demonstrate the progress of specific programs toward addressing the drug crisis. We reported in 2018 on DEA's 360 Strategy—which aims to coordinate DEA enforcement, diversion control, and demand reduction efforts—as well as on ONDCP's Heroin Response Strategy under its High

⁶⁹See 21 U.S.C. § 1705(c)(1)(G).

⁷⁰See 21 U.S.C. § 1705(g)(2).

⁷¹GAO-18-44 and GAO, *Drug Policy: Assessing Treatment Expansion Efforts and Drug Control Strategies and Programs*, GAO-19-535T (Washington, D.C.: May 9, 2019). Medication-assisted treatment is behavioral therapy combined with medication (such as buprenorphine).

Intensity Drug Trafficking Areas program. We found that neither DEA's 360 Strategy nor ONDCP's Heroin Response Strategy included outcome-oriented performance measures for its activities and goals, respectively. DEA disagreed with and has not yet implemented our recommendation to establish these types of performance measures for its activities. ONDCP neither agreed nor disagreed with our recommendation to establish outcome-oriented performance measures for the goals of the Heroin Response Strategy, and has not yet implemented the recommendation. Without these measures, it is unclear the extent to which DEA or ONDCP can accurately and fully gauge their efforts and their overall effectiveness in combatting heroin and opioid use and reducing overdose deaths.⁷²

Additionally, we have found that DEA does not have outcome-oriented goals and performance targets for its use of data in opioid diversion activities, making DEA likely not able to adequately assess whether its investments and efforts are helping to limit the availability of and better respond to the opioid prescription diversion threat.⁷³ DEA neither agreed nor disagreed with our recommendation to establish these outcome-oriented goals and related performance targets for its opioid diversion activities, and has not implemented this recommendation.

We have also reported that the Department of State has not established performance indicators for its Caribbean Basin Security Initiative to facilitate performance evaluation across agencies, countries, and activities, inhibiting the assessment of the program's progress to reduce illicit drug trafficking. The State Department agreed with our recommendation to develop and implement a data management system for centrally collecting reliable program monitoring data. The State Department has not yet implemented this recommendation. Without robust assessments of how specific programs help to achieve the goals of the National Drug Control Strategy, federal agencies may be unable to demonstrate progress in addressing the drug crisis, and may be unable to make any needed adjustments to their strategies.

⁷²GAO, Illicit Opioids: While Greater Attention Given to Combating Synthetic Opioids, Agencies Need to Better Assess their Efforts, GAO-18-205 (Washington, D.C.: Mar. 29, 2018).

⁷³GAO-20-118.

⁷⁴GAO-19-201.

Concluding Observations

Illicit drug use and misuse of prescription drugs is a long-standing national problem that will continue to evolve. The terrible effects of drug misuse on families and communities have persisted over decades, despite ongoing federal, state, and local efforts. Federal agencies and Congress can and must work to ensure that available resources are coordinated effectively to mitigate and respond to the drug misuse crisis.

Maintaining sustained attention on preventing, responding to, and recovering from drug misuse will be challenging in the coming months as many of the federal agencies responsible for addressing drug misuse are currently focused on addressing the COVID-19 pandemic. However, the severe public health and economic effects of the pandemic could fuel some of the contributing factors of drug misuse, such as unemployment—highlighting the need to sustain drug misuse prevention, response, and recovery efforts. Addressing these challenges will require sustained leadership and strengthened coordination; the necessary capacity to address the crisis; and the systems to measure, evaluate, and demonstrate progress. The more than 60 related GAO recommendations that have yet to be implemented are an indication of how federal agencies may begin addressing these challenges. For example:

- ONDCP should ensure future iterations of the National Drug Control Strategy include all statutorily required elements. Examples of statutorily required elements include a 5-year projection for the National Drug Control Program and budget priorities; a description of how each of the Strategy's long-range goals will be achieved, including a list of each National Drug Control Program agency's activities, and the role of each activity in achieving these goals, and estimates of federal funding or other resources needed to achieve these goals; performance evaluation plans for each year covered by the Strategy for each long-range goal for each National Drug Control Program agency; and resources required to enable National Drug Control Program agencies to implement the plan to expand treatment of substance use disorders and eliminate the treatment gap;
- ONDCP should take steps to ensure effective, sustained implementation of the 2020 National Drug Control Strategy and future strategies;
- HHS should provide guidance to states for the safe care for infants born with prenatal drug exposure, who may be at risk for child abuse and neglect;

- DEA should take steps to better analyze and use drug transaction data to identify suspicious opioid orders and prevent diversion of prescription opioids to be sold illegally; and
- the State Department should develop and implement a data management system for all Caribbean Basin Security Initiative activities to reduce illicit drug trafficking or track data trends across countries.

Through our ongoing and planned work, we will continue to review the effects of drug misuse, the federal response, and opportunities for improvement.

Agency Comments and Our Evaluation

We provided draft report excerpts regarding our analysis of the 2020 National Drug Control Strategy to the Office of National Drug Control Policy for review and comment. ONDCP officials stated that they plan to address the statutory requirements that we identified as missing in additional documents, including the Fiscal Year 2021 Budget and Performance Summary. We will review and assess any additional materials that ONDCP publishes in response to the requirements for the 2020 National Drug Control Strategy. Findings regarding other programs and activities are drawn from past GAO work and our follow-up work on our recommendations; the related content was previously provided to the respective agencies for review as part of the original work.

We are sending copies of this report to the appropriate congressional committees, the Director of the Office of National Drug Control Policy, and other interested parties. In addition, the report is available at no charge on the GAO website at http://www.gao.gov.

If you or your staff have any questions about this report, please contact Triana McNeil at (202) 512-8777 or McNeilT@gao.gov, Mary Denigan-Macauley at (202) 512-7114 or DeniganMacauleyM@gao.gov, or Jacqueline M. Nowicki at (617) 788-0580 or NowickiJ@gao.gov.

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Appendix II: GAO Contacts and Staff Acknowledgments

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