

HEALTH INSURANCE MARKETPLACES

CMS Has Limited Assurance That Premium Tax Credits Exclude Certain State Benefit Costs

Report to the Chair Committee on Energy and Commerce House of Representatives

November 2024 GAO-25-107220 United States Government Accountability Office

Accessible Version

GAO Highlights

View GAO-25-107220. For more information, contact John E. Dicken at (202) 512-7114 or dickenj@gao.gov. Highlights of GAO-25-107220, a report to the Chair of the Committee on Energy and Commerce, House of Representatives November 2024

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CMS Has Limited Assurance That Premium Tax Credits Exclude Certain State Benefit Costs

Why GAO Did This Study

In February 2024, over 20 million Americans purchased health insurance coverage through the marketplaces established by the Patient Protection and Affordable Care Act. In 2022, 90 percent of marketplace enrollees were eligible for federal APTC payments, which totaled over \$75 billion.

CMS has expressed concerns that states may not identify non-EHB mandated benefits and that the APTCs do not exclude the costs of these benefits, resulting in improper federal payments.

GAO was asked to review states' non-EHB mandated benefits and CMS efforts to ensure that federal funds do not subsidize their costs. This report (1) describes what is known about states' non-EHB mandated benefits and (2) examines CMS efforts to ensure that APTCs exclude the costs of states' non-EHB mandated benefits.

GAO reviewed federal law, regulations, and CMS documentation; and interviewed CMS officials and stakeholders from three national organizations with insight on state-mandated benefits.

What GAO Recommends

GAO is recommending that CMS conduct a risk assessment to determine whether its oversight approach is sufficient to ensure that APTCs exclude the costs of non-EHB mandated benefits or whether additional oversight is needed. The Department of Health and Human Services (HHS) agreed with the recommendation. HHS also provided technical comments, which GAO incorporated as appropriate.

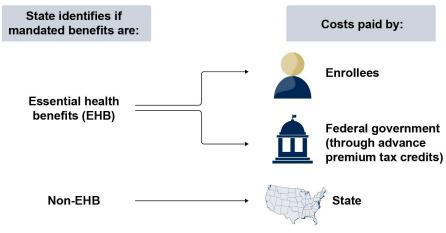
What GAO Found

Marketplace plans are statutorily required to cover essential health benefits (EHB). These benefits include items and services in 10 categories, such as emergency services and hospitalization. The federal advance premium tax credit (APTC) is available to help eligible enrollees afford their marketplace plans.

States may mandate additional benefits for marketplace plans to cover. States are responsible for identifying these non-EHB mandated benefits based on the standard established by the Centers for Medicare & Medicaid Services (CMS). CMS does not collect information on states that have identified non-EHB mandated benefits. Through interviews with relevant national organizations, GAO found at least six states that identified non-EHB mandated benefits mandated benefits. These states' mandated benefits included pediatric hearing aids and fertility care.

APTCs must exclude the costs of non-EHB mandated benefits, so that federal funds are not used to subsidize their costs. To calculate APTCs, CMS relies on insurers to report premium data that excludes the cost of these benefits.





Source: Patient Protection and Affordable Care Act and Centers for Medicare & Medicaid Services' regulation (information); GAO (icons); MapResources (map). | GAO-25-107220

CMS oversees the requirements related to non-EHB mandated benefits primarily through technical assistance, according to agency officials. CMS officials said that states frequently reach out to them for assistance, including asking them for advice on whether a benefit requirement they are considering would be a non-EHB mandated benefit.

However, CMS has not assessed whether its oversight approach is sufficient, and thus, has limited assurance that APTC amounts exclude the costs of non-EHB mandated benefits. This poses a risk to its oversight objective and is inconsistent with federal internal control standards that call for identifying, analyzing, and responding to risks related to achieving agency objectives. Conducting such an assessment of its oversight approach and making changes as appropriate would provide greater assurance that the APTC is appropriately excluding these costs.

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CMS: Centers for Medicare & Medicaid Services	
EHB: essential health benefits	

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GAO U.S. GOVERN

U.S. GOVERNMENT ACCOUNTABILITY OFFICE

November 12, 2024

Washington, DC 20548

The Honorable Cathy McMorris Rodgers Chair Committee on Energy and Commerce House of Representatives

Dear Madam Chair:

In February 2024, over 20 million Americans purchased health insurance coverage from federal and state marketplaces established by the Patient Protection and Affordable Care Act.¹ Marketplace plans must cover essential health benefits (EHB), which include items and services in 10 categories.² States determine the benefits covered in each of these categories by defining an EHB benchmark plan.³ Individuals purchasing health coverage through the marketplaces, depending on their income and other eligibility requirements, may receive premium tax credits to help them afford their health insurance plan. Eligible individuals can opt to have the federal government pay the premium tax credit in advance, known as an advance premium tax credit (APTC).⁴ In 2022, 90 percent of marketplace enrollees received an APTC, with total federal payments exceeding \$75 billion.⁵

States may require marketplace plans to cover items and services in addition to EHB; we refer to such benefits as non-EHB mandated benefits. However, APTCs cannot be used to offset the costs of these additional benefits.⁶ Specifically, the Centers for Medicare & Medicaid Services (CMS)—the federal agency responsible for determining the APTC amounts—must exclude the costs of non-EHB mandated benefits from the APTC calculation. CMS delegates responsibility for identifying non-EHB mandated benefits to the states.

¹See generally, Pub. L. No. 111-148, tit. I, subtit. D, 124 Stat. 119, 162-213 (2010).

³Because the EHB benchmark plan is different in each state, the specific items and services defined as EHB may vary across states.

⁴The APTC is aimed at lowering the monthly insurance premium for eligible individuals who purchase marketplace plans. The APTC amount varies by individual and is calculated based on multiple factors, including estimated income. Individuals who choose to have the premium tax credit paid to marketplace plans on their behalf must reconcile the amount of the APTC with the premium tax credit for which they are eligible on their income tax returns.

⁵We calculated total APTC payments using monthly average enrollment and APTC payments for 2022, the most recent year of data available at the time of our study. See Centers for Medicare & Medicaid Services, *Effectuated Enrollment: Early 2023 Snapshot and Full Year 2022 Average* (Baltimore, Md: Aug.11, 2023).

⁶Under 26 U.S.C. § 36B(b)(3)(D), the costs of non-EHB mandated benefits must not be taken into account in determining premium assistance amounts. See also 26 C.F.R. § 1.36B-3(j). For purposes of this report, we refer to the premium attributable to non-EHB mandated benefits as the costs of non-EHB mandated benefits.

²For the purposes of this report, we use the term "marketplace plans" to mean qualified health plans. The 10 EHB categories are: (1) ambulatory patient services; (2) emergency services; (3) hospitalization; (4) maternity and newborn care; (5) mental health and substance use disorder services including behavioral health treatment; (6) prescription drugs; (7) rehabilitative and habilitative services and devices; (8) laboratory services; (9) preventive and wellness services and chronic disease management; and (10) pediatric services, including oral and vision care. 42 U.S.C. § 18022(a)(1)(B). See also 45 C.F.R. § 147.150(a) (2023).

Letter

However, CMS has expressed concerns about states' compliance with this requirement. For example, in the 2021 Payment Notice, CMS noted state confusion regarding the identification of non-EHB mandated benefits and concerns that the premium data it uses to calculate the APTCs did not exclude their costs, resulting in improper federal payments.⁷ CMS reiterated these concerns in its 2022 and 2023 Payment Notices.⁸

You asked us to review states' non-EHB mandated benefits, including CMS's efforts to ensure that federal funds are not subsidizing their costs. This report

- 1. describes what is known about states' non-EHB mandated benefits, and
- 2. examines CMS efforts to ensure that APTCs exclude the costs of states' non-EHB mandated benefits.

To describe what is known about states' non-EHB mandated benefits, we interviewed CMS officials and representatives from a nongeneralizable selection of three national stakeholder organizations representing health plans, state regulators, or consumers.⁹ From these interviews, we identified examples of states with non-EHB mandated benefits. We contacted state officials to confirm the scope of their respective mandates. These examples may not represent the universe of non-EHB mandated benefits nationally.

To examine CMS efforts to ensure that APTCs exclude the costs of states' non-EHB mandated benefits, we reviewed federal law, regulations, and CMS guidance, and interviewed CMS officials. From these sources, we identified federal requirements related to non-EHB mandated benefits and CMS's oversight related to these requirements.¹⁰ We assessed CMS's oversight approach relative to federal internal control standards for responding to program risks. We determined that the risk assessment component of internal control was significant to our objective, specifically the underlying principle that federal agencies should identify, analyze, and respond to risks related to achieving agency objectives.¹¹ Our review was limited to CMS's efforts to

⁷85 Fed. Reg. 29,164, 29,218-26 (May 14, 2020).

⁸86 Fed. Reg. 24,140, 24,229-32 (May 5, 2021) and 87 Fed. Reg. 27,208, 27,291-95 (May 6, 2022).

⁹We spoke with representatives of National Association of Insurance Commissioners, National Health Law Program, and AHIP (formerly known as America's Health Insurance Plans).

¹⁰Federal regulations explicitly exclude certain benefits from EHB. For plan years beginning on or before January 1, 2026, these benefits include routine non-pediatric dental services, routine non-pediatric eye exam services, long-term/custodial nursing home care benefits, and non-medically necessary orthodontia. 45 C.F.R. § 156.115(d) (2023). Federal expenditures cannot be used to fund these excluded services. An EHB benchmark plan may cover abortion services, but federal law provides that no plan is required to cover abortion services as part of the requirement to cover EHB. 42 U.S.C. § 18023(b)(1)(A); 45 C.F.R. § 156.115(c) (2023). Federal funds may not be used for abortion services, except where the pregnancy is the result of rape or incest, or the life of the pregnant woman is endangered. For non-excepted abortion services, plans must collect from each enrollee an amount equal to the actuarial value of the coverage but not less than \$1 per month—segregated from any other premium amounts collected by the plan—to be used to pay for the costs associated with providing abortion services. 42 U.S.C. § 18023(b)(2)(B)-(D); 45 C.F.R. § 156.280(d) (2023). See GAO, *Health Insurance Exchanges: Coverage of Non-excepted Abortion Services by Qualified Health Plans*, GAO-14-742R (Washington, D.C.: Sept. 15, 2014).

¹¹GAO, *Standards for Internal Control in the Federal Government*, GAO-14-704G (Washington, D.C.: Sept. 10, 2014). Internal control is a process effected by an entity's oversight body, management, and other personnel that provides reasonable assurance that the objectives of an entity will be achieved.

ensure that APTCs exclude the costs of non-EHB mandated benefits. We did not examine other aspects of CMS's APTC calculation.¹²

We conducted this performance audit from December 2023 to November 2024 in accordance with generally accepted government auditing standards. Those standards require that we plan and perform the audit to obtain sufficient, appropriate evidence to provide a reasonable basis for our findings and conclusions based on our audit objectives. We believe that the evidence obtained provides a reasonable basis for our findings and conclusions based on our audit objectives.

Background

States must identify non-EHB mandated benefits based on a standard established in regulation by CMS.¹³ CMS's standard specifies that a benefit required by state action taking place on or after January 1, 2012, other than for compliance with federal requirements, is a non-EHB mandated benefit.¹⁴ To facilitate states' identification of these benefits, CMS changed the standard in the 2025 Payment Notice.¹⁵ Beginning on January 1, 2025, non-EHB mandated benefits are defined as those that are (1) required by state action taking place on or after January 1, 2012, other than for compliance with federal requirements and (2) not covered in the state's EHB benchmark plan. (See table 1.)

¹³45 C.F.R. § 155.170(a)(3) (2023). Prior to 2016, marketplaces were responsible for identifying non-EHB mandated benefits.

¹⁴This standard was established in 2013 and is effective through 2024. State action may include legislation, regulation, guidance, or other action mandating benefits. CMS considers non-EHB mandated benefits to include those specific to care, treatment, and services, thus this standard does not apply to those related to provider types, cost sharing, or reimbursement methods.

¹⁵89 Fed. Reg. 26,218, 26,264-68, 26,419 (Apr. 15, 2024).

¹²GAO has examined APTCs more broadly in other reports. See GAO, *Payment Integrity: Additional Coordination Is Needed for Assessing Risks in the Improper Payment Estimation Process for Advance Premium Tax Credits*, GAO-23-105577 (Washington, D.C.: Mar. 9, 2023) and *Improper Payments: Improvements Needed in CMS and IRS Controls over Health Insurance Premium Tax Credit*, GAO-17-467 (Washington, D.C.: July 13, 2017).

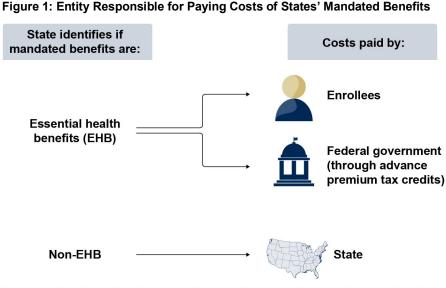
Table 1: CMS Standard for Determining Non-Essential Health Benefits (EHB) Mandated Benefits

Current standard	Standard effective January 1, 2025
Defined by year. Benefits required by state action on or after January 1, 2012, other than for compliance with federal requirements, are considered non-EHB.	Defined by year and relative to state EHB benchmark plan.
	Benefits required by state action on or after January 1, 2012, other than for compliance with federal requirements, that are not covered in a state's EHB benchmark plan are considered non-EHB.

Source: Centers for Medicare & Medicaid Services' (CMS) regulation. | GAO-25-107220

Notes: The current standard was established in 2013 and is effective through 2024. CMS considers non-EHB mandated benefits to include those specific to care, treatment, and services, thus this standard does not apply to those related to provider types, benefit delivery methods, or reimbursement methods. Each state defines an EHB benchmark plan that specifies the items and services that all marketplace plans must cover as EHB.

Neither enrollees—through their premium payments—nor the federal government—through the APTCs—are responsible for paying the costs of non-EHB mandated benefits. (See fig. 1.) States must pay the costs of any non-EHB mandated benefits they identify, and the APTCs CMS calculates must exclude these costs.



Source: Patient Protection and Affordable Care Act and Centers for Medicare & Medicaid Services' regulation (information); GAO (icons); MapResources (map). | GAO-25-107220

To cover the costs of non-EHB mandated benefits, states may make payments either directly to the enrollee or to the marketplace plan on behalf of the enrollee. The amount of the state payment is based on the costs of non-EHB mandated benefits, which marketplace plans report to states.

Similarly, CMS is responsible for calculating, reviewing, and authorizing APTC payments to marketplace plans on behalf of eligible enrollees. As previously noted, the APTCs must not cover the costs of non-EHB mandated benefits, which states must pay. Rather, the amount of the APTC is based on an enrollee's income and the cost of a standard benchmark plan—specifically the EHB share of the benchmark plan premium.¹⁶ To support the provision of APTCs, insurers must submit plan premium data and the EHB share of the premium.¹⁷ The APTC limits what the enrollee would pay for that plan to be no more than a certain percentage of their income.

To improve its oversight of states' non-EHB mandated benefits, CMS imposed a requirement beginning in 2021 that states report non-EHB mandated benefits to the agency on an annual basis.¹⁸ CMS noted that these reports would provide the agency with the information it needed to ensure that states identify non-EHB mandated benefits requiring state payments, and thus, improve the accuracy of APTC payments. However, CMS repealed the requirement in the 2023 Payment Notice before ever enforcing it, citing consistent feedback from states and stakeholders that the reporting policy was unnecessary and burdensome.¹⁹

At Least Six States Have Identified Non-EHB Mandated Benefits

Through stakeholder interviews, we found at least six states that had identified certain services to be non-EHB mandated benefits. Most commonly, these states' non-EHB mandated benefits covered pediatric hearing aids (three states) and fertility care (two states). In addition, three of these states—Maine, Massachusetts, and Montana—identified more than one non-EHB mandated benefit. (See table 2.)

State	Non-EHB mandated benefits
Maine	Fertility services ^a
	Testing for bone marrow donation suitability
Massachusetts	Cleft palate remediation
	Pediatric hearing aids ^b
	Treatment of body composition changes caused by HIV associated lipodystrophy syndrome ^c
Minnesota	Pediatric neuropsychiatric disorder treatment ^d
Montana	Pediatric hearing aids ^b
	Fertility services ^a

Table 2: Examples of Mandated Benefits Six States Identified as Non-Essential Health Benefits (EHB), January 2024

¹⁶26 C.F.R. § 1.36B-3. While APTCs are calculated based on the premium cost of a benchmark plan, consumers do not need to be enrolled in that plan to qualify for APTCs.

¹⁷45 C.F.R. § 156.470(a) (2023).

¹⁸85 Fed. Reg. 29164, 29,218-26 (May 14, 2020).

¹⁹87 Fed. Reg. 27208, 27,291-93 (May 6, 2022). In the 2023 Payment Notice, CMS noted that expanded technical assistance and clarifying guidance could improve states' identification of non-EHB mandated benefits.

State	Non-EHB mandated benefits
Utah	Diagnosis and treatment of autism spectrum disorder
Virginia	Pediatric hearing aids ^b

Source: Interviews with stakeholders and information from state officials. | GAO-25-107220

Notes: The Centers for Medicare & Medicaid Services does not collect or maintain information on states' non-EHB mandates. Thus, we relied on stakeholder interviews to identify examples of states that have identified mandated benefits as non-EHB. These examples may not represent the universe of non-EHB mandates nationally.

^aMaine and Montana both mandate coverage of certain fertility care, though the scope of coverage varies. Maine covers fertility diagnostic care, fertility treatment, and fertility preservation services. Montana covers standard fertility preservation services for insured persons diagnosed with cancer and where the standard of care involves treatment that may cause iatrogenic infertility.

^bMassachusetts, Montana, and Virginia all mandate coverage of pediatric hearing aids, though the scope of coverage varies. Massachusetts specifically covers hearing aids and related services for children 21 years of age or younger and Montana and Virginia cover hearing aids and related services for children 18 years of age or younger.

^cSpecifically, treatments to correct or repair disturbances of body composition caused by HIV associated lipodystrophy syndrome including, but not limited to, reconstructive surgery and other restorative procedures.

^dPediatric autoimmune neuropsychiatric disorders associated with streptococcal infections and pediatric acute-onset neuropsychiatric syndrome are clinical diagnoses given to children who experience a sudden onset of neuropsychiatric symptoms related to an infection. These symptoms may include, but are not limited to, obsessions/compulsions, food restrictions, depressions, anxiety, and irritability.

Officials from these states told us they make payments for the costs of these non-EHB mandated benefits directly to the marketplace plans, with annual payments ranging from \$32,000 in Minnesota to \$4.6 million in Utah.²⁰ These payments made up a small portion of the total marketplace premiums in Minnesota and Utah, less than 0.01 percent and 0.5 percent respectively.²¹

CMS's Oversight Approach Provides Limited Assurance That APTCs Exclude the Costs of Non-EHB Mandated Benefits

CMS relies primarily on technical assistance provided at states' request to oversee states' compliance with requirements related to non-EHB mandated benefits, according to agency officials. CMS officials said that states frequently reach out to them for assistance though they do not systematically track the technical assistance they provide. For example, the officials said that states have asked them for advice on how to apply the non-EHB mandated benefits standard to coverage requirements they are considering. CMS officials noted that, based on the agency's input, states have often narrowed the scope of mandates to exclude marketplace plans, thus avoiding the federal requirements. CMS officials cited such examples as evidence that states are aware of the federal requirements when they consider mandating additional benefits.

CMS officials told us they believe their current approach of providing technical assistance to states is effective for ensuring state compliance with the requirements related to non-EHB mandated benefits, and thus the accuracy of APTCs. In addition, CMS officials told us that they expect the changes finalized in the 2025 Payment Notice to increase state compliance by making the identification of non-EHB mandated benefits more intuitive. CMS officials indicated the agency plans to provide additional guidance to states to clarify the new standard and facilitate their efforts to identify these benefits. While the officials did not provide a timeline for the release of this additional guidance, they said they were considering questions that arise when providing technical assistance to inform its content.²² CMS officials also noted that states' non-EHB mandated benefits are generally narrowly focused and benefit mandates typically have had a negligible effect on premiums.

However, CMS has not assessed whether its oversight approach is sufficient to ensure that states identify non-EHB mandated benefits and that APTC amounts exclude the costs of these benefits. CMS does not have comprehensive information on whether, or to what extent, states identify non-EHB mandated benefits according to the agency's standard. Further, we identified one state that inappropriately placed the onus on CMS to determine whether a mandated benefit was non-EHB, rather than identify these benefits itself.²³ In

²⁰Minnesota and Utah reported their total payment amounts for non-EHB mandated benefits for 2022 and 2021, respectively.

²¹Based on available monthly average enrollment and premium data, the annual premium totaled over \$632 million in Minnesota in 2022 and nearly \$1 billion in Utah in 2021.

²²CMS officials told us that they also provided informational presentations to state regulators and other stakeholders to educate them about the revisions included in the 2025 Payment Notice.

²³In enacting two benefit mandates since 2012, this state's fiscal analysis anticipated that those benefits would meet CMS's standard defining non-EHB mandated benefits. However, state officials told us the state was not assuming the costs of these benefits because it was CMS's responsibility to identify non-EHB mandated benefits. CMS officials told us that they are aware some states include language in mandates that places the onus on CMS to determine if a mandated benefit is non-EHB. CMS also noted this concern in the 2025 Payment Notice. CMS officials said they have explained to several states through technical assistance that it is the state's responsibility to make such determinations. However, because CMS does not collect final state determinations on mandates, agency officials said they are not always aware of how states implemented their feedback.

addition, CMS does not know whether the premium data submitted by marketplace plans and used to calculate APTCs exclude the costs of non-EHB mandated benefits.²⁴

As a result, CMS has limited assurance that APTCs accurately exclude the costs of non-EHB mandated benefits. This poses a risk to its oversight objective and is inconsistent with federal internal control standards. These standards state that agencies should identify, analyze, and respond to risks related to achieving agency objectives. Assessing whether its current oversight approach is sufficient to respond to identified risks and making changes as appropriate would be consistent with these standards. Such an assessment would also provide greater assurance that the APTCs accurately exclude the costs of non-EHB mandated benefits.

Conclusions

CMS is responsible for ensuring that APTCs are not used to subsidize the costs of any non-EHB benefits states may mandate. However, in recent Payment Notices, CMS has repeatedly noted state confusion regarding non-EHB mandated benefits and expressed concerns about whether it has the information needed to ensure that APTCs are excluding the costs of these benefits. CMS officials maintain that their reliance on technical assistance is an effective oversight approach. However, until CMS conducts a risk assessment to determine whether this approach is sufficient for identifying states' compliance with requirements related to non-EHB mandated benefits, the agency will not know whether additional oversight is needed.

Recommendation for Executive Action

The Administrator of CMS should conduct a risk assessment to determine whether its oversight approach is sufficient to ensure that APTCs exclude the costs of non-EHB mandated benefits or whether additional oversight is needed. CMS should make changes as appropriate based on the results of this assessment. (Recommendation 1)

Agency Comments

We provided a draft of this report to the Department of Health and Human Services (HHS) for review and comment. The department provided written comments, which are reprinted in appendix I and summarized below. A senior technical advisor from CMS's Office of Legislation provided oral comments, which are summarized below. HHS also provided technical comments, which we incorporated as appropriate.

In its written comments, HHS concurred with our recommendation, stating that CMS will review its current oversight approach and determine whether additional oversight is needed. HHS highlighted its ongoing efforts, such as rulemaking and technical assistance, taken to ensure the accuracy of non-EHB mandated benefit reporting and proper APTC payment. HHS also stated these oversight efforts seek to balance state compliance

²⁴CMS provides written instructions to insurers on how to allocate premiums for purposes of calculating the APTC, including directions on excluding the costs of non-EHB mandated benefits. CMS officials could not identify any oversight approach beyond technical assistance that it uses to ensure that APTCs exclude the premium costs of non-EHB mandated benefits. CMS officials told us they conduct broad oversight of APTCs and take steps to assess the premium data submitted by marketplace plans. For instance, according to officials, CMS ensures that premium data reported by marketplace plans is consistent across submissions and that plans appropriately identify benefits that are excluded from EHB by federal law.

Letter

with preserving state resources and reaffirming states' responsibility for identifying non-EHB mandated benefits. Additionally, in providing oral comments, a CMS official expressed concern that our draft report title did not reflect the report's focus on non-EHB mandated benefits, which represent one aspect of the APTC calculation. We agreed that the title could be clearer and made minor changes to clarify it.

As agreed with your office, unless you publicly announce the contents of this report earlier, we plan no further distribution until 30 days from the report date. At that time, we will send copies to the Secretary of Health and Human Services, the Administrator of CMS, and other interested parties. In addition, the report will be available at no charge on GAO's website at http://www.gao.gov.

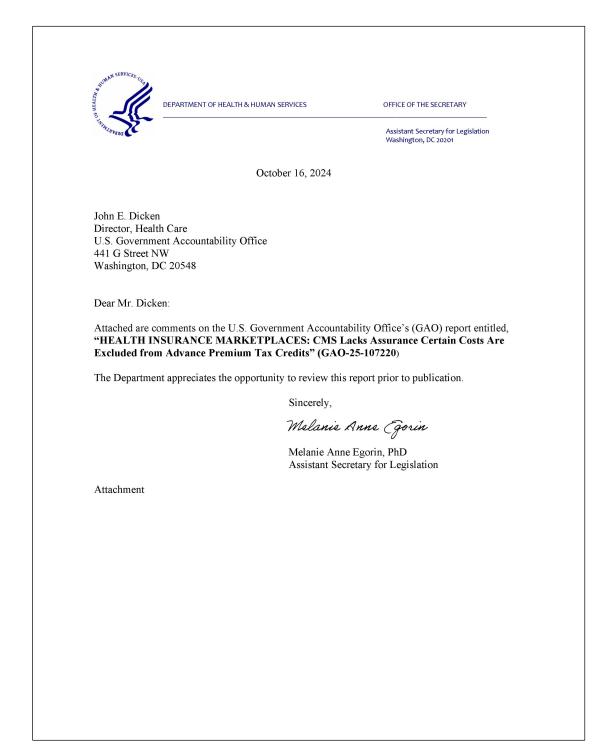
If you or your staff have any questions about this report, please contact me at (202) 512-7114 or at DickenJ@gao.gov. Contact points for our Office of Congressional Relations and Office of Public Affairs can be found on the last page of this report. Other major contributors to this report are listed in appendix II.

Sincerely,

Ahn & Diven

John E. Dicken Director, Health Care

Appendix I: Comments from the Department of Health and Human Services



GENERAL COMMENTS FROM THE DEPARTMENT OF HEALTH & HUMAN SERVICES ON THE GOVERNMENT ACCOUNTABILITY OFFICE'S DRAFT REPORT ENTITLED — HEALTH INSURANCE MARKETPLACES: CMS LACKS ASSURANCE CERTAIN COSTS ARE EXCLUDED FORM ADVANCE PREMIUM TAX CREDITS (GAO-25-107220)

The Department of Health and Human Services (HHS) appreciates the opportunity to review and comment on this draft report.

HHS is committed to protecting taxpayer funds while reducing the burden on consumers, employers, and other individuals and entities involved in the Exchanges and other insurance affordability programs. Qualified Health Plans (QHP) on an Exchange must cover Essential Health Benefits (EHB), such as emergency services and maternity care. In addition, States may require these plans to cover additional benefits, which GAO refers to in this report as non-EHB mandated benefits. Eligible consumers enrolling in a QHP through an Exchange may receive financial assistance in the form of Advance Payments of the Premium Tax Credit (APTC). When providing premium data to HHS that is used to calculate APTC, issuers are required to exclude the portion of the premium attributable to non-EHB mandated benefits. In general, these non-EHB mandated benefits are narrowly focused and have a negligible impact on premiums, and in turn an even more negligible impact on APTC payments. For example, GAO reported that these payments comprised less than 0.01 percent and 0.5 percent of the total Exchange premiums in Minnesota and Utah respectively.

It is the State's responsibility to identify which State-required benefits are in addition to EHB and require defrayal. The State is required to make payments, either to the individual enrollee or to the issuer on behalf of the enrollee, to defray the cost of these additional non-EHB mandated benefits. Issuers are responsible for quantifying the cost of these benefits and reporting the cost to the State. However, HHS has taken numerous steps to ensure accuracy of non-EHB mandated benefit reporting and proper APTC payment. This includes rulemaking, issuer instruction documents on how to properly populate plan and rates templates to reflect coverage of non-EHB mandated integrity checks on every QHP to ensure that the EHB percent of total premium excludes certain specific benefits consistent with federal law.¹

HHS has laid out its implementation of the federal defrayal requirement through several iterations of rulemaking, taking into careful consideration public comment, including comments focused on the risk of improper APTC payments versus the administrative cost and burden of additional reporting and oversight. In the HHS Notice of Benefit and Payment Parameters for 2023, HHS reassessed the value of an annual reporting requirement. HHS concluded we would take a more targeted approach where HHS provides written guidance on how to assess State-required benefits paired with continued individualized technical assistance and outreach to States. HHS concluded this better balances the goal of increased State compliance with the competing priority of preserving State resources, flexibility, and reaffirming State authority as the entity responsible for identifying which State required benefits require defrayal in rulemaking and technical assistance to States to strengthen compliance. To further improve compliance with the requirement for States to exclude non-EHB services when calculating the portion of the premium attributable to these benefits, in the HHS Notice of Benefit and Payment

1 45 CFR 156.115(d) and 45 CFR 156.280

Parameters for 2025 (2025 Payment Notice), HHS revised the definition of non-EHB mandated benefits, classifying a benefit covered in the State's EHB-benchmark plan as EHB.

GAO's review reported on only one State that inappropriately placed the onus on HHS to determine whether a mandated benefit was non-EHB. In the 2025 Payment Notice, HHS reiterated that failure by HHS to respond to State requests asking for a determination of whether new mandates require defrayal does not excuse States from defrayal requirements and that it is the State's responsibility to identify which State required benefits require defrayal. As part of GAO's review, GAO surveyed six other States and reported that all six States currently identify non-EHB mandated benefits and disburse funds in accordance with defrayal requirements.

In addition to rulemaking and technical assistance provided to States, HHS has provided QHP application instructions to issuers on how to fill out plan benefit and rate templates to help ensure appropriate allocation of APTC depending on whether a State is defraying the cost of a non-EHB mandate to the issuer or to the enrollee. HHS performs data integrity checks on premium data submitted by QHPs to ensure consistency across submissions.

GAO Recommendation

The Administrator of CMS should conduct a risk assessment to determine whether its oversight approach is sufficient to ensure that APTCs exclude the costs of non-EHB mandated benefits or whether additional oversight is needed. CMS should make changes as appropriate based on the results of this assessment.

HHS Response

HHS concurs with GAO's recommendation. In general, non-EHB mandated benefits are narrowly focused and have a negligible impact on premiums, and in turn an even more negligible impact on APTC payments. As noted above, GAO reported that these payments comprised less than 0.01 percent and 0.5 percent of the total Exchange premiums in Minnesota and Utah respectively.

In the 2023 HHS Notice of Benefit and Payment Parameters, HHS reassessed the value of an annual reporting requirement. HHS concluded we would take a more targeted approach where HHS provides written guidance on how to assess State-required benefits paired with continued individualized technical assistance and outreach to States. HHS concluded this better balances the goal of increased State compliance with the competing priority of preserving State resources, flexibility, and reaffirming State authority as the entity responsible for identifying which State required benefits are in addition to EHB. HHS will review its current oversight approach and determine whether additional oversight is needed.

HHS thanks GAO for their efforts on this issue and looks forward to working with GAO on this and other issues in the future.

Accessible Text for Appendix I: Comments from the Department of Health and Human Services

DEPARTMENT OF HEALTH & HUMAN SERVICES OFFICE OF THE SECRETARY

Assistant Secretary for Legislation Washington, DC 20201

October 16, 2024

John E. Dicken Director, Health Care U.S. Government Accountability Office 441 G Street NW Washington, DC 20548

Dear Mr. Dicken:

Attached are comments on the U.S. Government Accountability Office's (GAO) report entitled, "HEALTH INSURANCE MARKETPLACES: CMS Lacks Assurance Certain Costs Are Excluded from Advance Premium Tax Credits" (GAO-25-107220)

The Department appreciates the opportunity to review this report prior to publication.

Sincerely,

Melanie Anne Egorin, PhD Assistant Secretary for Legislation

Attachment

GENERAL COMMENTS FROM THE DEPARTMENT OF HEALTH & HUMAN SERVICES ON THE GOVERNMENT ACCOUNTABILITY OFFICE'S DRAFT REPORT ENTITLED — HEALTH INSURANCE MARKETPLACES: CMS LACKS ASSURANCE CERTAIN COSTS ARE EXCLUDED FORM ADVANCE PREMIUM TAX CREDITS (GAO-25-107220)

The Department of Health and Human Services (HHS) appreciates the opportunity to review and comment on this draft report.

HHS is committed to protecting taxpayer funds while reducing the burden on consumers, employers, and other individuals and entities involved in the Exchanges and other insurance affordability programs. Qualified Health Plans (QHP) on an Exchange must cover Essential Health Benefits (EHB), such as emergency services and maternity care. In addition, States may require these plans to cover additional benefits, which GAO refers to in

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this report as non-EHB mandated benefits. Eligible consumers enrolling in a QHP through an Exchange may receive financial assistance in the form of Advance Payments of the Premium Tax Credit (APTC). When providing premium data to HHS that is used to calculate APTC, issuers are required to exclude the portion of the premium attributable to non-EHB mandated benefits. In general, these non- EHB mandated benefits are narrowly focused and have a negligible impact on premiums, and in turn an even more negligible impact on APTC payments. For example, GAO reported that these payments comprised less than 0.01 percent and 0.5 percent of the total Exchange premiums in Minnesota and Utah respectively.

It is the State's responsibility to identify which State-required benefits are in addition to EHB and require defrayal. The State is required to make payments, either to the individual enrollee or to the issuer on behalf of the enrollee, to defray the cost of these additional non-EHB mandated benefits. Issuers are responsible for quantifying the cost of these benefits and reporting the cost to the State. However, HHS has taken numerous steps to ensure accuracy of non-EHB mandated benefit reporting and proper APTC payment. This includes rulemaking, issuer instruction documents on how to properly populate plan and rates templates to reflect coverage of non-EHB mandated benefits and individualized technical assistance provided to States. CMS also runs data integrity checks on every QHP to ensure that the EHB percent of total premium excludes certain specific benefits consistent with federal law.¹

HHS has laid out its implementation of the federal defrayal requirement through several iterations of rulemaking, taking into careful consideration public comment, including comments focused on the risk of improper APTC payments versus the administrative cost and burden of additional reporting and oversight. In the HHS Notice of Benefit and Payment Parameters for 2023, HHS reassessed the value of an annual reporting requirement. HHS concluded we would take a more targeted approach where HHS provides written guidance on how to assess State- required benefits paired with continued individualized technical assistance and outreach to States. HHS concluded this better balances the goal of increased State compliance with the competing priority of preserving State resources, flexibility, and reaffirming State authority as the entity responsible for identifying which State-mandated benefits require defrayal in rulemaking and technical assistance to States to strengthen compliance. To further improve compliance with the requirement for States to exclude non-EHB services when calculating the portion of the premium attributable to these benefits, in the HHS Notice of Benefit and Payment Parameters for 2025 (2025 Payment Notice), HHS revised the definition of non-EHB mandated benefits, classifying a benefit covered in the State's EHB-benchmark plan as EHB.

GAO's review reported on only one State that inappropriately placed the onus on HHS to determine whether a mandated benefit was non-EHB. In the 2025 Payment Notice, HHS reiterated that failure by HHS to respond to State requests asking for a determination of whether new mandates require defrayal does not excuse States from defrayal requirements and that it is the State's responsibility to identify which State required benefits require defrayal. As part of GAO's review, GAO surveyed six other States and reported that all six States currently identify non-EHB mandated benefits and disburse funds in accordance with defrayal requirements.

In addition to rulemaking and technical assistance provided to States, HHS has provided QHP application instructions to issuers on how to fill out plan benefit and rate templates to help ensure appropriate allocation of APTC depending on whether a State is defraying the cost of a non-EHB mandate to the issuer or to the

¹ 45 CFR 156.115(d) and 45 CFR 156.280

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enrollee. HHS performs data integrity checks on premium data submitted by QHPs to ensure consistency across submissions.

GAO Recommendation

The Administrator of CMS should conduct a risk assessment to determine whether its oversight approach is sufficient to ensure that APTCs exclude the costs of non-EHB mandated benefits or whether additional oversight is needed. CMS should make changes as appropriate based on the results of this assessment.

HHS Response

HHS concurs with GAO's recommendation. In general, non-EHB mandated benefits are narrowly focused and have a negligible impact on premiums, and in turn an even more negligible impact on APTC payments. As noted above, GAO reported that these payments comprised less than 0.01 percent and 0.5 percent of the total Exchange premiums in Minnesota and Utah respectively.

In the 2023 HHS Notice of Benefit and Payment Parameters, HHS reassessed the value of an annual reporting requirement. HHS concluded we would take a more targeted approach where HHS provides written guidance on how to assess State-required benefits paired with continued individualized technical assistance and outreach to States. HHS concluded this better balances the goal of increased State compliance with the competing priority of preserving State resources, flexibility, and reaffirming State authority as the entity responsible for identifying which State required benefits are in addition to EHB. HHS will review its current oversight approach and determine whether additional oversight is needed.

HHS thanks GAO for their efforts on this issue and looks forward to working with GAO on this and other issues in the future.

Appendix II: GAO Contact and Staff Acknowledgments

GAO Contact

John E. Dicken, (202) 512-7114 or DickenJ@gao.gov

Acknowledgments

In addition to the contact named above, Susan Anthony (Assistant Director), Kelly Krinn (Analyst-in-Charge), Laura Elsberg, Kaitlin Farquharson, and Emily Wilson Schwark made key contributions to this report.

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